Person-Centered and Experiential Therapies Work provides a comprehensive, systematic and accessible review of the evidence base for the approach and the methods and measures by which it can be evaluated. It gives clear evidence for the effectiveness of person-centered and experiential therapies, and is an essential resource for students and practitioners who want to know more about the empirical support for their work, and to promote it with confidence.

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This book is the product of a World Association for Person-Centered and Experiential Psychotherapy and Counseling (WAPCEPC) Task Force examining the evidence base for person-centered and experiential counseling and psychotherapy. To join WAPCEPC visit www.pce-world.org. Membership benefits include a quarterly peer-reviewed journal abstracted in PsycINFO, and special reduction on the price of this book for a limited period.

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