

# PERSON-CENTERED AND EXPERIENTIAL THERAPIES WORK

*a review of the research  
on counseling, psychotherapy  
and related practices*



edited by  
mick cooper  
jeanne c watson  
dagmar hölldampf

~~£22.00~~  
£19.00  
direct from  
PCCS Books

*Person-Centered and Experiential Therapies Work* provides a comprehensive, systematic and accessible review of the evidence base for the approach and the methods and measures by which it can be evaluated. It gives clear evidence for the effectiveness of person-centered and experiential therapies, and is an essential resource for students and practitioners who want to know more about the empirical support for their work, and to promote it with confidence.

**Contents**

1. The Effectiveness of Person-Centered and Experiential Therapies: A review of the meta-analyses  
*Robert Elliott & Elizabeth Freire*
2. Effectiveness of Person-Centered and Experiential Psychotherapies with Children and Young People: A review of outcome studies  
*Dagmar Hölldampf, Michael Behr & Ina Crawford*
3. Effectiveness beyond Psychotherapy: The person-centered, experiential paradigm in education, parenting, and management  
*Jeffrey H. D. Cornelius-White & Renate Motschnig-Pitrik*
4. Qualitative Meta-Analysis of Outcomes of Person-Centered and Experiential Psychotherapies  
*Ladislav Timulak & Mary Creaner*
5. Clients as Active Self-Healers: Implications for the person-centered approach  
*Arthur C. Bohart & Karen Tallman*
6. Relating Process to Outcome in Person-Centered and Experiential Psychotherapies: The role of the relationship conditions and clients' experiencing  
*Jeanne C. Watson, Leslie S. Greenberg & Germain Lietaer*
7. Operationalizing Incongruence: Measures of self-discrepancy and affect regulation  
*Jeanne C. Watson & Neill Watson*
8. Measuring the Relationship Conditions in Person-Centered and Experiential Psychotherapies: Past, present, and future  
*Elizabeth Freire & Soti Grafanaki*
9. Researching in a Person-Centered Way  
*Paul Wilkins*
10. Key Priorities for Research in the Person-Centered and Experiential Field: 'If not now, when?'  
*Mick Cooper, Jeanne C. Watson & Dagmar Hölldampf*

links are  
live on this  
e-leaflet



This book is the product of a World Association for Person-Centered and Experiential Psychotherapy and Counseling (WAPCEPC) Task Force examining the evidence base for person-centered and experiential counseling and psychotherapy. To join WAPCEPC visit [www.pce-world.org](http://www.pce-world.org). Membership benefits include a quarterly peer-reviewed journal abstracted in PsycINFO, and special reduction on the price of this book for a limited period.

 **PCCS Books – the largest list of person-centered therapy books in the world**

To order *Person-Centered and Experiential Psychotherapies Work* online click [here](#)



Please send ..... copies of *Person-Centered and Experiential Therapies Work* ISBN 978 1 906254 25 4

Per copy incl. shipping: UK delivery £19.00 Western Europe £20.90 Rest of World £22.80

Name..... Address.....  
.....  
.....Country.....Postcode/Zip.....

**I would like to pay**

- By cheque (in £Sterling drawn on a UK Bank) made payable to PCCS Books Ltd
- Credit/debit card. Card Number..... Expiry.....Valid from .....
- Security No. (last 3 digits on signature strip) ..... Issue No. ....(Switch/Maestro only)
- Daytime Telephone No. .... (Essential for all orders)

 **INDEPENDENT PUBLISHING FOR INDEPENDENT THINKERS**   
For full details of our list visit [www.pccs-books.co.uk](http://www.pccs-books.co.uk)  
Post this form to: PCCS Books Ltd, 2 Cropper Row, Alton Rd, Ross-on-Wye, HR9 5LA, UK  
Or fax this form to: +44 (0) 1989 763 901 or telephone your order: +44 (0) 1989 763 900