

Encounter

September, 2025

The digital newsletter of the Person Centered and Experiential
Psychotherapy and Counselling

**What's new in the PCE
World?**

–

**Call for new PCEP
editors**

–

**New Grants
application forms**

–

**PCE Europe, ADPCA,
Latin America**



MESSAGE FROM THE EDITORS

Dear colleagues,

As we open this newsletter, we want to name the simple intention that guides it. In a world that can feel hurried and uncertain, our hope is to offer a climate where each of us can pause, feel met, and find the next step that fits. Inspired by Carl Rogers' trust in the organismic tendency toward growth, we write as fellow travelers in a community that learns by encountering one another with care.

In these pages you will find a brief board update, including conference news and ways to meet and dialogue across borders. You will see invitations to contribute: a call for new PCEP editors, free member events in the coming months, and an opening for grant applications that support students research, general research and translation. There is community news from PCE Europe, announcements about forthcoming gatherings, and an introduction to several board members whose stories embody the values we share. You will also find details for international online lectures that continue to connect us across time zones and languages.

As you read, we invite you to notice what resonates. Perhaps it is an opportunity to submit work, to facilitate an encounter, to join an event, or simply to be present and listen. Whatever draws your interest is welcome. Our experience tells us that when we meet with authenticity, empathy, and regard, fresh energy and direction tend to emerge quietly, and in their own good time.

Thank you for the many ways you keep this approach alive. May this issue serve as a gentle doorway into connection, learning, and the steady work of becoming together.

George Fragakis (Prem Adri), Lidia Fogliati, Silvia Lombardi

INDEX

- **Message from the Editors** Page 2
- **Board Update** Page 4-5
- **PCE World Conference 2026, Cologne** Page 6
- **Call for new PCEP Editors** Page 7
- **Susan Stephen's experience as co-editor of PCEP Journal** Page 8-9
- **Grants new applications** Page 9-10
- **PCE Europe news** Page 10
- **ADPCA 2026 Conference, July 15-19 2026, Samothrace, Greece** Page 10-11
- **Getting to know our Board members:**
- Yana Gololob** Page 11-12
- Alex Vallidis** Page 13-14
- Lidia Fogliati** Page 14-15
- **Oncoming Event:**
- International Online lectures, October 3rd and 4th** Page 16-17

BOARD UPDATE

Dear colleague, dear member of PCE World,

Friendly greetings from your board!

It is now mid-September, and around three months have passed between the last newsletter and this one.

To be honest, I am now starting to write for the tenth time, deleting and pausing... In this arising moment of slowing down the brain movements, the real question that needs to be answered can emerge: "What are you, the recipient interested in, right now within the 'Board update'? But, don't we all remember the words of Carl, that "There are as many 'real worlds' as there are people!" (Rogers, 1980) So how to answer this question especially best for you?

When we think about this form of questioning, what is most important in the here and now between persons is what can be helpful in these times when the world around us is going crazy and causing uncertainty with so many different mixes of interests, isn't it?

When we imagine what we are each struggling with or what we are passionate about, the feeling of a true interest in connecting and wanting to create space to listen and share experiences is there.

PCE World offers rooms and invites each member to get in touch, to get into dialogues and encounters and to show up.

- A main place to be is our *PCE World Conferences* every second year.
 - PCE2028: As we informed you at the end of August and via our website: Due to the on going war, Ukraine stepped back from hosting – and Argentina will kindly take over.
 - PCE2026 in Cologne is coming up and we share a friendly reminder of the invitation of the hosts to take part in the Call for Submissions with your offers! Read more below.
- Free events for individual members:
 - We started with an inspiring encounter meeting in July. The next one is planned for Sunday 16 November. Again David Blakely invites us and will facilitate.
 - On Sunday 12 October Alexandros Vallidis will speak on a person-centered and experiential counseling model for relational trauma. You can find the zoom-details in the membership area.

- More events are planned. If you like to offer something within a workshop or talk, please let us know!
- End of November a delegation of the PCE World board will join the PCE Europe Symposium in Glasgow. After a colorful program, there will be a podium presentation together with our colleagues from PCE Europe on Sunday. We are looking forward to listening and talking to a lot of people and dance together as well!
- Membership
 - Membership payments via PayPal: just to give you this important and short note: we have had a lot of problems with our partners from PayPal because of a country change. So you are not able to pay your fee via PayPal. Payments can be done to our Wise account. For questions, please get in touch with our administrator.
 - The colleagues of the Membership Working Group, after two fruitful round tables, are now talking to the Organisational members in individual meetings about ways to meet the needs of Organisational members and attract their members for a better individual participation within PCE World.
- Representing Community Events: please remember that we are in the process of establishing an overview of PCE events for the world via our website. As an active member of our community, you have the opportunity to share your upcoming events like conferences or PCE trainings to the world. We believe this is a wonderful way to foster collaboration and professional growth within our global network and show the PCE competence.

And, being in a way overwhelmed by work, life and world matters, sometimes it's just a pleasure and relief to see, that we share something, which connects us: the PCE. Link you can see on our new map on the homepage of PCE World: Next to the Organizational members which were mentioned there already, now you can see a pin for every individual member on the world map! We hope to see and connect with you, and wish you much joy with this third newsletter of the year.

Meike, Eleftheria, and David on behalf of your PCE World Board

E-Mail: board@pce-world.org

PCE World Conference 2026 in Cologne

Pre-Conference: 6-8 July

Main & Online Conference: 8-12 July

"A CHANGING WORLD"

...what it does with us and what we do with it."

Perspectives of Person-centered and Experiential
Psychotherapy and Counseling



Keynote Speakers:



Dr. Susan Stephan



Akira Ikemi, Ph.D.



William D. (Bill)
Miller Ph.D.



Dr. Lou Cooper



Jeffrey Cornelius-
White, PsyD LPC



Dr. Edith Frost



Dr. Dwight Turner



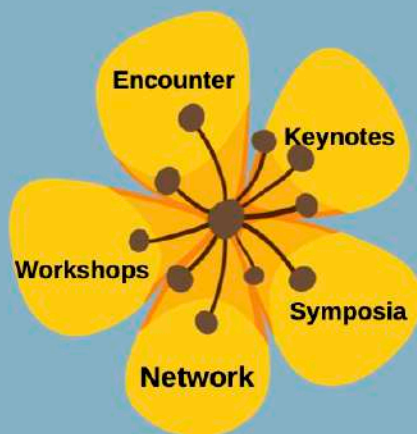
Charlotte Blease, Ph.D.



Prof. Robert Elliott



Prof. Robert Gifford



*Call for Submissions
is open!
until 30 November*

www.pce2026.com



MESSAGE FROM THE PCEP JOURNAL'S EDITORS

Call for new PCEP Editors

We are excited to announce a call for new PCEP Editors. This could include a new co-editor and/or one or more new associate editors, depending on timing, qualifications, and interest level.

We expect one or more of the current co-editors to step down within the next year, and potentially more to follow within the subsequent two years. We are an energetic, friendly bunch, who try to share responsibilities in keeping with developmental and situational From the Co-Editors for the Newsletter July 31, 2025

capacity. As editors, we 'shepherd' manuscripts through the whole life cycle from submission, through multiple rounds of peer review, to production. We work with two different online systems as part of this process, supporting both authors and reviewers. We also promote the journal and newly published articles and issues, not only to PCE World members but also via social media to the wider world.

To learn more about the experience of being a co-editor, please see Susan's story in this Newsletter and Rhonda Goldman's contribution in the August 2024 newsletter. Also, feel free to reach out to editors@pce-world.org if you have questions.

If you think you might be interested in getting involved, please use this link to learn more about the criteria and procedures for selecting PCEP editors: <https://www.pce-world.org/pcep-journal/editors/criteria-for-selecting-journal-editors.html>.

We invite self-nominations or proposals of candidates (with whom you have preferably checked to see if they would like to be nominated) **sent to editors@pce-world.org by October 30, 2025.**

Jeff Cornelius-White, Maria Kefalopoulou, Jason Sharbanee, and Susan Stephen, Co-Editors.

SUSAN STEPHEN'S EXPERIENCE AS CO-EDITOR OF PCEP JOURNAL

I will be standing down as a co-editor of PCEP in July 2026 after eight years. It feels like the right time for me, freeing me for other experiences, but I know that I will miss it. It has been one of the most interesting and enjoyable responsibilities that I have held within the international person-centred and experiential community. I think it is also the right time for the journal, which I know will benefit from the energy and fresh ideas that adding a new member (or members) to the editorial team will bring.

What have I enjoyed most about my experience as a co-editor? The first thing that comes to mind is the learning I have gained. Not just the obvious learning that comes from reading a

submitted manuscript (although that is always a treat) but also in receiving the different, sometimes surprising, perspectives on each manuscript that reviewers offer, and observing how authors engage with this feedback. Some authors give up, some authors do what is necessary, some authors absorb and reimagine their manuscript in response. I have worked with some determined authors over several years as they have persisted and finally realised the potential of their manuscripts. Through these experiences, I have learned that the peer review process, although challenging, is invaluable and I have rarely seen a manuscript that has not improved because of the dialectical process it provides. This is a lesson that I carry with me into my own writing.

The other thing that I have enjoyed greatly during my time as a co-editor is being part of our team. I have loved working with Jef, Maria, Jason, and (previously) Rhonda and David. We have shared a genuine cooperation, both light touch and well held, typically conducted via email, enriched by (ir)regular zoom meetings and consolidated by time spent together in person at PCE World conferences. However, my sense of team extends beyond our core group. Being a co-editor over a series of years, as I have, means the chance to connect and re-connect with reviewers in an ever-growing network of fellow professionals with a shared interest in the ongoing health of our journal.

The content of PCEP is typically author-led not editor-led. The joy for me has been in the diversity and range of submissions, always expanding my edges. If I had to choose one favourite article of the many that I have edited over the years, then (as I write today) the one most personally meaningful to me is Emma Green's ['Thrice over the fire: some reflections on contact, culture, context, and whiteness'](#), which was included in the

PCE 2021 Conference special issue (issue 21-02; June 2022). I found her use of poetic inquiry to foster her own cultural awareness as a white English person-centred therapist living in Aotearoa New Zealand both inspiring and resonant with a path of personal exploration that currently I find myself on. But in addition, I see this paper (along with the special issue in which it appears) as an important milestone in the maturing of PCEP as a journal open to exploring PCE psychotherapies through a range of ontologies and epistemologies as well as sub-orientations.

It has been an honour to have contributed to the story of PCEP journal. I hope that sharing my experience will connect with some of you and encourage you to consider if you would like to be part of the team that takes the journal forward from here. Please do get in touch!



Susan Stephen, August, 2025

GRANTS NEW APPLICATIONS

We are very pleased to announce we are open for new grants applications. The closing date is March 15th, 2026.

PCE World grants aim to encourage professional development and research in the Person Centered and Experiential (PCE) community. Our grants offer some financial assistance to any researcher, novice researcher or translator, who is an individual member of PCE World, for the development of scholarship in the PCE approach.

There are three PCE World Grants: General Research Grant; Student Research Grant; Translation Grant. For more information about the grants and how to apply, visit: <https://www.pce-world.org/grants.html>

To be eligible for a PCE World grant, you must be a current individual member of PCE World. Please make sure that you have renewed your membership: <https://www.pce-world.org/join.html>

Kyriaki Kent, Sheila Haugh, Susan Stephen, Yasuko Kanamori, Lidia Fogliati

PCE EUROPE NEWS

At the end of June, elections to the PCE Europe Board took place, resulting in the election of seven members. Three of them - Paul Diaconescu, Alexandros Vallidis and Jana Trčková - were re-elected. The Board also welcomed four newly elected members: Fleur Farish-Edwards from the United Kingdom, Szilvia Tünde Sebestyén from Hungary, Claus Dalton Rosenkilde from Denmark and Barbora Hrdličková from the Czech Republic. In the upcoming initial meetings, the members will assign specific roles.

PCE Europe has opened registration for the Community Meeting, which will take place from 16 to 20 March 2026 in Lednice na Moravě, Czech Republic. This meeting complements the Symposium and offers space for in-person encounters, discussion, and strengthening of our community and approach. All individual members and representatives of member organizations are warmly invited and can register at: <https://www.pce-europe.org/community-meeting>.

ADPCA 2026 CONFERENCE, JULY 15-19 2026, SAMOTHRACE, GREECE

The organizing committee of the 2026 conference is thrilled to announce that next year's annual meeting will be hosted for the first time in Greece and specifically on the beautiful island of Samothrace. For the second year in a row in the post- covid-19 era, the ADPCA conference will be held exclusively in person - with the exception of the business meetings, which will also be available for attendance via zoom. The 2026 ADPCA conference will consist of presentations, workshops and of course community meetings, thus giving us the chance to exchange our experiences and learn from one another. Everyone is warmly welcome to come just as you are, to be met as you are, and to share this space where genuine encounter and real connection can unfold.

The final document including costs and a full schedule and also a call for proposals will be soon available at <https://adpca.org/annualconference/>. This conference is

organized by the **Association for the Development of Person-Centered Approach & Child-Centered Play Therapy of South-Eastern Europe**, who can be contacted at conference2026@adpca.org.



GETTING TO KNOW OUR BOARD MEMBERS

Yana Gololob

Hi, my name is Yana Gololob. I am a psychologist and person-centered psychotherapist, and for more than twenty years I have had the privilege of working alongside individuals, couples, families, and groups as they navigate life's challenges and discover their own capacity for growth. My work extends to children and adolescents as well, as I believe deeply in offering support based on person-centred values at every stage of life.

I was born and raised in Dnipro, Ukraine, where my roots, family, and much of my heart

remain. For many years I built my private practice there, creating a safe, respectful, and empathic space for clients to explore themselves. I trained extensively, qualifying both in client-centered psychotherapy and in children and youth psychotherapy. Over time, I felt a strong wish to pass on what I had learned to the next generation of therapists. This led me to become a PCA trainer and supervisor at the Ukrainian Umbrella Association of Psychotherapists (UUAP). There, I teach both theory and practical skills and the underlying values of the person-centered approach to those who choose to dedicate themselves to this profession.

Since 2023, due to unexpected life circumstances, I have also been a guest lecturer in trauma studies at the Faculty of Social Work at Dortmund University of Applied Sciences and Arts.

In 2022, the full-scale Russian invasion of Ukraine forced me to leave my home and relocate to Germany. Since then, I have been living my life across two countries, navigating the challenges of displacement while continuing my professional commitments. I am a woman, a wife, a mother, a daughter, a friend and a professional – coping with the reality of the ruthless and aggressive war in my homeland while holding on to my values, connections, and purpose.

That same year, I joined the Board of the World Association for Person-Centered and Experiential Psychotherapy and Counseling (WAPCEPC), driven by a desire to contribute to the growth of the PCA community globally, and to make it accessible to people in disadvantaged or crisis-affected areas. I currently serve as Treasurer and act as a bridge between the Board and the *PCEP* Journal editorial team, as well as between the Board and the Translational Project, which aims to make the journal accessible in languages other than English.

My commitment is to keep nurturing the Association so it continues to hold its rightful place among other international psychotherapy organizations, and to preserve the deeply human values that Carl Rogers envisioned – empathy, authenticity, and unconditional positive regard.



You can always reach me at: treasurer@pce-world.org

Alex Vallidis, *MSc., Psychologist, Person-Centred Psychotherapist, Academic Lead, Researcher*

I'm Alex Vallidis, a Person-Centred Psychotherapist with an MSc and a BSc in Psychology from Panteion University. Currently, I serve as the Academic Lead for Psychology and Psychotherapy programs—both undergraduate and postgraduate—at ICPS College for Humanistic Sciences, in partnership with UCLan University.

My work and research have always been grounded in a deep belief in the human capacity for growth, even under the most challenging circumstances. Over the years, I've focused on encounter groups for individuals experiencing psychosis, as well as the use of encounter interventions in the education of future psychologists. I've also had the privilege to co-author national guidelines for preventing self-harm in adolescents and managing stress among professionals working with refugees, through collaborations with UNICEF and Merimna NGO.



Working with organizations like PRAKSIS and Save the Children, I contributed to adapting Best Interest Assessment tools to help reunite unaccompanied children with their families across Europe. During the COVID-19 pandemic, I co-developed training programs with Merimna to support teachers helping grieving students. That project was honored with the EU Mental Health Award—something I'm incredibly proud of.

In my clinical and research work, I've supported individuals dealing with psychosis, addiction, and bereavement, as well as children affected by war, displacement, and gender-based violence. I supervise postgraduate research on trauma, child development, refugee experiences, person-centred therapy, and fragile therapeutic processes.

I'm also deeply involved in shaping psychotherapy on a broader scale: I serve on the Science and Research Committee and the European Training Standards Committee of the European Association for Psychotherapists. I'm a Board Member for PCE World, PCE Europe, and the National Organization for Psychotherapy in Greece.

At ICPS, I lead our research clinic, "Aneken", where we explore mixed-method case studies to enrich person-centred psychotherapy practice. Recently, I've been introducing a new model of supervision—research-informed and grounded in real-world practice—and have spent the last three years developing my own model: Person-

Centred and Experiential Counselling for Relational Trauma.

Everything I do—whether teaching, researching, or accompanying someone in therapy—comes from a place of respect for the human experience and a commitment to fostering connection and growth.

Lidia Fogliati

My name is Lidia Fogliati. I am an English teacher as well as a PCE psychotherapist.

I earned my degree in English teaching and taught for about ten years, mainly in secondary schools. Over time, I noticed that many adolescent students came to talk with me about difficulties with their parents, conflicts with friends, and relationships. I



realized something was missing for me. I loved teaching, and I also found that I naturally loved listening. I knew I needed professional training, so I decided to study Psychology.

I have been a PCE therapist for nearly thirty years. I first encountered the work of Carl Rogers in an introductory course at the (then) Argentine Rogerian Association while I was at university, and I immediately fell in love with his ideas. I felt he was expressing what I had always thought and felt about human relationships. By the time I completed my Psychology degree, I knew I would become a PCE therapist.

Throughout these years I have maintained a private practice, engaged in training and supervision, organized encounter groups, and presented workshops at various Latin American meetings.

I also wrote a book titled *Búsquedas (Searches)*, in which I share experiences and testimonies from my practice as a PCE therapist. I was going through a difficult divorce at the time. Writing helped me a lot with my healing process. And I enjoyed every minute of it.

Becoming a mother was another important moment in my professional journey. I loved breastfeeding my son and wanted to help other mothers have a joyful experience, knowing there are many challenges with breastfeeding. I trained with La Leche League to gain tools for supporting mothers in this “natural” yet often demanding process. During pregnancy I attended prenatal classes where we moved to music, did exercises for back pain, and practiced breathing, relaxation, and meditation. We also shared fears, worries, and doubts about becoming good mothers. I appreciated those shared

moments so much that I trained to facilitate that kind of group as well.

Accompanying pregnant and postpartum women has been a profound learning experience. I first worked with women who generally had no significant health issues, and later with women experiencing high-risk pregnancies—a very different situation. Together we faced fears of losing the baby, feelings of guilt about being at risk, the challenge of remaining on bed rest for long periods, and frequent medical concerns.

For several years now, I have been working with a reproductive specialist, supporting couples who are going through the difficulties of fertility treatment.

I am also a lecturer on a postgraduate program at the School of Psychology, University of Buenos Aires, focused on the role of the psychologist in primary care. I have travelled across several Argentine provinces, training gynaecologists, nurses, and midwives on these issues. We never know where life will take us!

Writing this piece, I realize how much being a PCE therapist has supported every task I have undertaken. Kindness, empathy, open listening, presence, and commitment are powerful resources. I am often moved by what can happen in a transparent, genuine encounter between people.

Regarding PCE World, I am deeply grateful. I was a Board member from 2010 to 2016, and this is now my second term. I have always been involved in producing the PCE World newsletter, which I love. Over the years I have sought to include writings from respected colleagues in Argentina, Mexico, and Brazil so that more people can come to know the strength of the PCE community in Latin America.

I also serve on the Grants Committee. I am pleased that the Association can help students and psychotherapists financially as they pursue their research projects.

Rereading this piece, I feel grateful for everything that has brought me here. Thank you!

ONCOMING EVENT: INTERNATIONAL ONLINE LECTURES, OCTOBER 3RD AND 4TH

Ya está más cerca Reserva tu lugar

PCE-7 | CICLO DE CONFERENCIAS INTERNACIONALES VIRTUALES

Aportes actuales a la psicoterapia, el counseling, la educación y las relaciones humanas desde una perspectiva Centrada en la Persona

MIRADAS...

3 Y 4 de Octubre de 2025



 Mick Cooper



 Alberto De Castro



 Gillian Proctor



 Tomeu Barceló

Viernes 3 de Octubre

15 hs. (hora de Argentina) | **Mick Cooper**
Terapia Centrada en la Persona:
Una perspectiva pluralística

Alberto De Castro | 17 hs (hora de Argentina)
Dilemas, ansiedades y bienestar
en los jóvenes actuales

Sábado 4 de Octubre

9 hs (hora de Argentina) | **Gillian Proctor**
Estar interconectados: implicaciones éticas
Para los terapeutas centrados en la persona

Tomeu Barceló | 11 hs (hora de Argentina)
La filosofía de lo implícito de E. Gendlin. Una
mirada al proceso de la tendencia actualizante

Con traducción simultánea Español e Inglés

Ya podés inscribirte



+54 11 4195-4703



formacion@pce7.com.ar



INVITA:

PCE-7

Personas Centradas en el Encuentro

[@petricia_szy](#) [@wgonzalezcoereno](#) [@sergio.daniel.lopez](#) [@jorge.martin](#) [@katibachillo](#)
[@claudiaaguado1](#)

CONFERENCIAS INTERNACIONALES PCE7 - 3 y 4 DE OCTUBRE DE 2025 (online)

Con mucha alegría invitamos a la comunidad internacional a participar de las Conferencias Internacionales PCE7, que se celebrarán viernes 3 y sábado 4 de octubre de 2025, en modalidad online.

Programa (hora de Argentina, UTC-3)

Viernes 3 de octubre

- 15:00 – Mick Cooper (??): *Terapia Centrada en la Persona: Una perspectiva pluralística*
- 17:00 – Alberto De Castro (??): *Dilemas, ansiedades y bienestar en los jóvenes actuales*

Sábado 4 de octubre

- 09:00 – Gillian Proctor (??): *Estar interconectados: implicaciones éticas para terapeutas centrados en la persona*
- 11:00 – Tomeu Barceló (??): *La filosofía de lo implícito de Eugene Gendlin: una mirada al proceso de la tendencia Actualizante*

Contacto: WhatsApp +54 9 11 4195 4703

Correo: formacion@pce7.com.ar.

Será un encuentro para seguir fortaleciendo las redes globales y expandiendo el Enfoque Centrado en la Persona en todo el mundo.

Equipo PCE7

Martin Lange, María José González Cerezo, Claudia Aguado, Patricia Szychowski, Sergio López, Katu Bahillo, Maxi Bonomi