



Encounter

The digital newsletter of the World Association for Person Centered and Experiential Psychotherapy and Counseling

Message from your Editors

Dear members, welcome to Encounter, the WAPCEPC newsletter.

You will certainly find interesting pieces in this issue.

You can read new and exciting information, about PCE 2024 Conference in Athens, in September and learn all that has been going on for the Board members in their update.

The recipients of the 2024 Member Grants for Research and Translation are also officially announced in this issue.

And in the update from the Journal editors there is a call for editors and for papers for PCEP Special Issue in 2024.

We also have information on several upcoming events from PCE Europe, PC&E North America and ADPCA

And finally we have included Ana Maria Mayo, a retired colleague who has published her memoirs.

Lidia Fogliati

Stephanie Hutchinson

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WAPCEPC WORLD CONFERENCE, ATHENS, SEPTEMBER, 2024

Dear members of the World Organization,

We are pleased to invite you to register for the WAPCEPC World Conference, which will be held in Athens in September 2024. You can reserve your place at the conference at a discounted rate by registering early, before May 1, 2024. Visit the conference website to learn more.

<https://www.pce2024.com/>

You can also find discount offers for your stay

<https://www.pce2024.com/accommodation/>

Additionally, you have the option to register and attend the conference online. It would be greatly beneficial for you to share your voice, your research, and your methods by submitting an abstract to present at our conference. To foster communication and promote an open dialogue, we are excited to announce that Professor Dr. Norcross will join us online for a unique talk on September 9, 2024.

“Dr. Norcross has been elected president of the American Psychological Association (APA) Division of Clinical Psychology, the APA Division of Psychotherapy, the International Society of Clinical Psychology, and the Society for the Exploration of Psychotherapy Integration.

An award winning, internationally recognized expert on behavior change and psychotherapy, John C. Norcross, Ph.D., ABPP, is Distinguished Professor and Chair of Psychology at the University of Scranton, Clinical Professor of Psychiatry at SUNY Upstate Medical University, and a board-certified clinical psychologist. **Author of more than 400 scholarly publications.**

Dr. Norcross has co-written or edited **22 books, most of them in multiple editions**. These include the 5-volume APA Handbook of Clinical Psychology, Psychotherapy Relationships that Work, Personalizing Psychotherapy, Handbook of Psychotherapy Integration, Clinician’s Guide to Evidence-Based Practice in Behavioral Health, Leaving It at the Office: Psychotherapist Self-Care, the Insider’s Guide to Graduate Programs in Clinical & Counseling Psychology, and Systems of Psychotherapy: A Transtheoretical Analysis, now in its 9th edition. He also published the acclaimed self-help books, Changeology and Changing for Good (with Prochaska & DiClemente). Dr. Norcross maintained a part-time practice of clinical psychology for 35 years, but now restricts himself to training and supervision.”

Beyond scientific engagement, we also prioritize social connections. Get ready for:

- The integration of PCE approaches with various art forms during the evening sessions of the Pre-Conference on September 7 and 8, 2024.
- Acropolis Museum on September 12



- A unique visit to Sounion and the Temple of Poseidon, and a chance to witness a spectacular sunset on September 13.



- An excursion to the islands of the Argosaronic Gulf on Saturday, September 14—a one-day adventure.



We look forward to seeing you at the conference!

Best wishes, **Org. Committee of PCE 2024**

BOARD UPDATE APRIL 2024

Dear Colleagues,

We sincerely hope your 2024 is going as well as it can. With all the troubles in the world today, it feels more important than ever to do our best to remain aligned with the values and principles of the PCA.

PCE 2024 – Along with the information on the previous pages, the Board has heard wonderful things about the conference venue and we are very much looking forward to gathering in Athens. Although the conference officially ends on 13th September, we appreciate that the organizing committee is also planning some activities for Saturday 14th for those who plan to stay on a little longer and plan to take part in that too.

The organising committee is also continuing to work very hard to overcome their banking issue (worldwide, traditional banks have been tightening their rules and regulations). Meantime please continue to register and you will receive your payment invoice in due course.

And please do remember that the World Association has a FAiR Fund to help members meet the registration costs. You can read more and apply here:

<https://www.pce-world.org/grants/fair-for-conference-attendance.html>

2024 General Assembly. Just a reminder that our biennial General Assembly will be held in Athens and we will make a call for submissions of agenda items in May via a general email. This is an opportunity for you to raise any points of discussion you may have in relation to WAPCEPC.

PCEP Journal now online: we trust that the change over to online only has been a smooth one for you all. If you are having any issues please contact our wonderful administrator Sandra on admin@pce-world.org and she will work to help you resolve them.

Research Grants: The Board is delighted that the first annual round of Grants have been awarded. You can read more about the recipients on pg 7.

We note that there were no applications for the standard research grant of €1500.00 and so encourage you to share information about it with your networks for the 2025 round. Yes, you need to be an individual member of WAPCEPC to apply however the Board believes that to be a sound investment!

Bank details: as you may recall early in 2023 we had to close our Swiss bank account (due to the aforementioned tightening of worldwide banking regulations) and so our bank details have changed.

We use an online WISE account for our day to day transactions – the new account details can be found on the payment section of our website.

We are also continuing to explore the possibility of opening a bank account in Austria so that half of our funds are held in a traditional bank account which have greater protections than online banks.

Discount from Taylor & Francis for WAPCEPC members: a 30% discount is offered on any full priced CRC Press or Routledge book. We are currently investigating the best method for membership to take advantage of this, and you will receive a separate email soon.

Working Groups:

The Membership working group has been meeting regularly and recently hosted two online roundtables in a bid to engage with the wider membership about the 'soul of WAPCEPC'. You can read a little more about this on pg 13. The Board is grateful for the work the group is continuing to put into this process.

The Collaboration working group hopes to begin their engagement in the coming months.

Board Elections: As it is conference year, it is also Board Election year! In accordance with the WAPCEPC statutes a Board is elected every two years by Individual and Organizational members of the Association. The next Board election will take place in summer/winter 2024 (depending on your hemisphere!)

Nominations will be opening at the beginning of May. You will receive more information via email closer to the time,

Please do consider standing for the Board – the organisation relies on committed members taking their turn. In recent years it is true that there has been a heavy administration load in terms of registering as a non-profit organisation, having to change bank accounts, taking the journal online, updating the website etc however, all that is now behind us. Three cheers for that!

AND we have also expanded the paid administrator role, now very capably filled by the wonderfully warm and efficient Sandra Aigner. As she becomes increasingly familiar with the organisation and its workings, she can continue to take admin responsibility from the shoulders of the Board, allowing the members more time to get creative in their approach to helping spread the principles of the PC&E. **If there was ever a good time to join the Board, 2024 is it!!!**

As well as the monthly two hour Board meetings on Zoom, on average you might need to allow for a couple of hours a week to devote to WAPCEPC matters – sometimes more, sometimes less. If you are interested in standing as a candidate, or if you want to nominate someone as candidate, by all means reach out via board@pce-world.org to ask any questions you may have.

And now a bit more of the official stuff:

The administration of the election for the Board of WAPCEPC is the responsibility of an independent election committee of three members. They are not members of the present Board and they are not candidates for the new Board.

The board of the WAPCEPC is an executive Board. It looks after the day-to-day management of the WA - the administration, finances, Person-Centered and Experiential

Psychotherapies, the journal of the World Association, membership, website, the WA newsletter Encounter, and any other tasks that further the aims of the WA. The board reflects the variety of nationalities, cultures and traditions in PCE, but does not represent or favour any particular group of members or interests.

GRANTS COMMITTEE NEWS

The WAPCEPC Board is pleased to announce the recipients of the 2024 Member Grants for Research and Translation. Many congratulations to the recipients of these awards!

We look forward to reading your work in due course.

Student Research Grant

We are awarding two Student Research Grants this year.

1. Monika CHLASTAK (Austria)

Monika is a student of the MA Psychotherapy at the Bertha von Suttner Private University, St. Pölten, Austria. The title of Monika's research is: Microanalyses of practical interaction and implicit knowledge in person-centered psychotherapy. A paper on the documentary analysis of psychotherapeutic interviews.

2. Alejandro Marcelo LÓPEZ MARÍN (Chile). Alejandro is completing a Doctoral degree in Human Development at the Universidad Motolinía del Pedregal (México). The title of Alejandro's research is: Perceptions of person-centred practices among professionals in Mexico, Argentina, and Chile.

Translation grant

The recipient of this year's Translation grant is Clément-Xavier HAUDIQUET (France). The title of the paper that will be translated is: The Specific Context of Supervision in Person Centred Therapy. This paper has not been published elsewhere.

General Research Grant

We were unable to award the General Research Grant this year.

Susan Stephen, Lidia Fogliati, Kyriaki Kent, Sheila Haugh

MESSAGE FROM THE JOURNAL EDITORS

We the editors at Person-Centered and Experiential Psychotherapies are excited about the new year, including the online format for the journal, the upcoming PCE 2024 Conference in Athens, Greece, and the possibilities for bringing in more and new people and ideas. Please see the journal website at <https://www.tandfonline.com/journals/rpcp20>, the WAPCEPC Journal webpage at <https://www.pce-world.org/pcep-journal.html>, and the two calls below. We look forward to hearing from you!

Jef, Rhonda, Maria, and Susan

Call for Guest Editors for Special Issues

Special Issues of a journal serve a useful function. They provide access to a themed group of articles where readers can enjoy and benefit from several works on similar topics. Works published in Special Issues are more likely to be cited. Special Issues tend to bring in authors and works that might not otherwise come through Person-Centered and Experiential Psychotherapies. They help expand the connections between core content of the journal and adjacent fields. If you are interested in serving as a guest editor for a Special Issue, please contact editors@pce-world.org. Please share a little of your experience with editing, reviewing, or authoring and pitch what topic(s), you might be interested in the journal addressing in a Special Issue.

Call for Papers for PCE 2024 Special Issue

If you are hoping to present at PCE 2024 in Athens Greece, please consider submitting a paper version of your presentation for consideration for review, revision, and publication. Special Issue articles are subject to the same screening and peer review process as other articles. The submission deadline would likely be in October 2024 following the September 2024 conference.

Whether you have published many works, this is your potential first work, or anywhere in between, we would love to receive your submission. Please refer questions to editors@pce-world.org

Keith Tudor and Jeff Cornelius-White invite papers that will evaluate Bernie Neville's work and influence in person-centred and experiential psychotherapy. Bernie Neville (1938–2021) was a man of many parts, which, as far as his professional life was concerned, encompassed, in addition to a profound knowledge of person-centred psychology (PCP), cultural psychology, Jungian/analytic psychology, and process philosophy. Indeed, his writing on PCP reveals all these influences and his integral approach to thinking about therapy and life. His specific contribution to PCP included articles about

groups; education; the development of two of Rogers' (1957, 1959) conditions of therapy; ecopsychology; and, finally, the substantiation of the work of Carl Rogers by the thinking of Alfred North Whitehead.

Please write to keith.tudor@aut.ac.nz and/or jcornelius-white@missouristate.edu if you are interested to participate in this special issue. Articles for special issues undergo the same peer review processes as unsolicited articles. Submission deadline: May 1, 2024.

PCE EUROPE ACTIVITIES FOR 2024

Please allow me to introduce myself. My name is Jonno Ward and I am excited on behalf of the Board of PCE Europe to share with you some of our activities and plans for 2024.

<https://pce-europe.org/current-board>

Having successfully weathered the challenges of the past few years, the Board is now in a position to optimistically look to the future. A consultation has recently gone out to members to glean what they feel is working, not working, and what – if anything - they would like to see change. An active demonstration indeed of how the views of our members remain key to the growth and essence of PCE Europe!

Our outward reach is also evident as we prepare for the European Association for Psychotherapy's biannual meeting in Vienna in March. PCE Europe will be robustly represented by two of our Board members, as we believe it is vital to engage actively with the flagship of European psychotherapy for the benefit of our members and the promotion of the Person-Centred Approach across Europe.

Planning also is underway for the 2025 Symposium. Watch this space!

Most importantly a significant amount of our efforts remain devoted to the ongoing effects of the invasion of Ukraine, now entering its third year:

<https://www.pce-europe.org/ukraine>

We continue to contribute what and where we can, and remain resolute in our overall ethos of pan-European cooperation and encounter.

PC&E NORTH AMERICA UPDATE

5th Annual Person-Centered and Experiential Seminar and Encounter Group

(CE Contact Hours Eligible)

A three-day seminar on Encounter Groups as understood through the lens of Carl Rogers, Client-Centered Therapy, and the Person-Centered Approach.

Live in-person, Location: 1 Milligan Place, New York, NY 10011

Friday, May 3, 2024, 7pm- Sunday, May 5, 2024, 12pm

Space is limited to 6 participants

Cost: \$100 nonrefundable fee

Fundamental to the work of the psychologist Carl Rogers, the Person-Centered Approach, and other forms of experiential psychotherapy is the “Encounter Group.” Encounter Groups are a special kind of group experience with no leader, few rules, and no predetermined agenda. One of the basic ideals of the Encounter Group is that members share the responsibilities and privileges of leadership within the group and each member grows to become an equal facilitator within the group experience.

This 5th annual weekend-long encounter group is open to mental health professionals, students, academics, and other interested professionals. Admission is free, but the size of this group is limited so you will need to reserve a spot to participate.

12 CE contact hours for psychologists, approved by New York State, and including 3 contact hours in professional boundaries, are available.

Topics to be covered:

Carl Rogers, Client-Centered Therapy, Person-Centered and Experiential Approaches, Encounter Groups, as well as other forms of Humanistic psychology and psychotherapeutic practice that are considered part of the Person-Centered Approach.

Learning objectives:

- To gain a comprehensive understanding of the history, theory, and practice of: Carl Rogers, Client-Centered Therapy, Person-Centered and Experiential Approaches, as well as other forms of Humanistic psychology and psychotherapeutic practice that are considered part of the Person-Centered Approach.
- To study and practice the Person-Centered and Experiential clinical group learning process known as the “encounter group.”
- To study and identify the theory of Person-Centered and Experiential psychotherapy as compared with other major psychotherapeutic approaches.
- To study professional boundaries for psychologists from a Person-Centered and Experiential theoretical perspective.

Seminar Schedule:

- Friday, May 3: 7pm to 10pm Lecture
- Saturday, May 4: 9am to 12pm Group Process/ 12pm to 1pm Lunch/ 1pm to 4pm Group Process/ 4pm to 5pm Lecture
- Sunday, May 5: 10am to 12pm Group Process

To attend please contact Dr. Sarton Weinraub, sartonw@gmail.com, 212-989-6086, nypcra.org

ADPCA news

WELCOME TO ADPCA-TOWN 2024

We invite you all cordially to the 2024 Annual Meeting of the Association for the Development of the Person-Centered Approach this summer in Aurora, Illinois. This meeting is hosted jointly by two person-centered groups, The Judah Robinson Foundation, and East Aurora Counseling, both of Aurora, Illinois. The meeting will convene on Wednesday, July 24th, and will conclude on Sunday, July 28th, at 223 Spring Street in Aurora. Workshops and presentations will be offered both in person and virtually, along with plenty of dedicated time for community group and business meetings. In addition to our welcoming offering of local fare from area food trucks on opening day, we'll enjoy a social event at our historic Roundhouse, featuring entertainment, an open bar, and [we hope] much camaraderie.

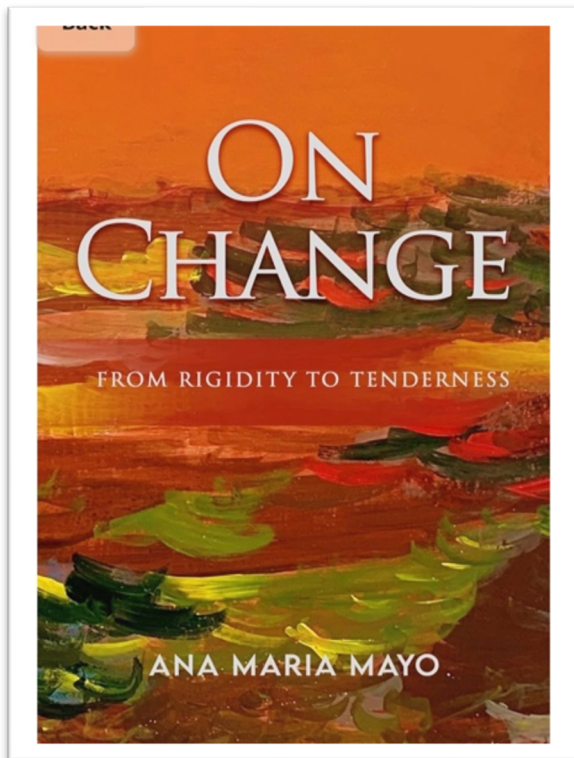
Contact Eastauroracounseling1@gmail.com to register and for full information of the event's schedule.

Hosted by the Judah Robinson foundation & East Aurora counseling, Aurora, Illinois,

July 24 through July 28, 2024

ANA MARIA MAYO

AN ARGENTINE COLLEAGUE'S PUBLICATION OF HER MEMOIRS



Available in all formats on Amazon.

I am a retired counselor who has lived in the UK for the last 35 years. I want to share with this community the publication of my memoirs.

In it, I explore different stages of my life, including retirement, migration, counselling practice, creative writing, and ageing. The writing process brought back forgotten stories and led me on a

journey of self-discovery, helping me better understand who I am and who I am becoming.



UPDATE FROM THE MEMBERSHIP WORKING GROUP

As you may recall from the recent email invitation to the Soul Goal Online Roundtable, the Membership Working Group is on a mission to engage with the wider membership.

The idea of hosting online roundtables evolved out of the responses to our membership survey. One member's response very much struck a chord with us: **what is the soul of the World Association.**

And so we decided our first gatherings would focus on this theme. Two online open meetings were held on 7 April at different times to accommodate as many time zones as possible.

Paul Diaconescu of the working group had this to say about his experience:

This process it feels to me as necessary hurdle. We made the most of the situation and gained valuable insights: the need for connection, dedicated meeting spaces, forums for discussing ideas and values, and the importance of defining identity and its boundaries.

And from Stephanie Hutchinson

In the online meeting I attended, it was really heartening to encounter and connect with members from all over the world (Greece, Romania, New Zealand, Australia, Singapore, Germany, Italy and maybe more – forgive me if I have forgotten anyone!), and to be able to share experiences and information. For myself, as a current member of the Board, it can feel like the Board operates in isolation, almost in a void. And there seemed to be a palpable desire from many for more regular connection – something that technology now permits.

There will be a further opportunity to join another online roundtable in June which will look at the practicalities of any proposed changes to the membership and organisational structure. Keep an eye on your emails!

Best wishes from

David Blakely, Paul Diaconescu, Stephanie Hutchinson, Kyriaki Kentigkeleni, Leonore Langner, Brendon Murley, Brian Rodgers, Luz Serres Tocgani