



World Association for Person-Centered & Experiential Psychotherapy & Counseling

July 2011 - Issue 2 Volume 11

Launch of the WAPCEPC Membership Survey 2011

Dear WAPCEPC Members,

The World Association for Person-Centered & Experiential Psychotherapy & Counseling (WAPCEPC) has now been formally in existence for over 10 years. In that time it has steadily grown in membership, both individual and organisational, developed a scholarly, peer-reviewed journal indexed by PsycINFO and EBSCO, and continues to seek ways to connect PCE practitioners, researchers and theorists across the world. Now the board feels it is time to ask our members how you see the WAPCEPC and how you would like the Association to develop. To this end, we invite you to participate in the WAPCEPC Membership Survey 2011: click [WAPCEPC SURVEY 2011](#)

This online survey is available to complete now and will be open until the end of October. It is in a user friendly format that will take only few minutes to complete. No personal data is requested and the information that you give us will be treated with strict confidentiality and anonymity, and used only for the purposes of the board to gain understanding of the thoughts, ideas and wishes about the WAPCEPC held by people within the international PCE community.

We want to find out what encourages individuals and organisations to join the Association. We also want to know the reason(s) why people decide to stop subscribing or to not join the WAPCEPC in the first place, so it is our intention to invite past members of the Association, and other contacts who have not been members, to participate in the

survey. Please do take the time to fill in the survey. It will help the WAPCEPC in planning for its future.

We would like to ask your collaboration by circulating the link of the survey among your contacts. We aim to collect the views not only from current members, but from everyone who could be a potential member of WAPCEPC. So, your help with the dissemination of this survey among your contacts will be immensely important for us.

Many thanks

The WAPCEPC Board

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Generous Donation to Donor Fund for Organizations

The members of PCT Scotland, an organizational member of the WAPCEPC, agreed recently to make a donation of £500 to the WAPCEPC's Donor Fund for Organizations.

The Donor Fund for Organizations was established in 2009 as a fund to support organizations in countries of World Bank categories B, C & D. to become members of the WAPCEPC. The fund offers a contribution of 50% towards the already discounted organizational membership fee for organizations based in these regions. This support is available for 2 years.

The original donation to the Donor Fund for Organizations, made by former Chair of the

WAPCEPC, Jef Cornelius-White, is now largely depleted so we are extremely grateful to PCT Scotland for this generous and timely donation.

The WAPCEPC has 2 Donor Funds, one for organizations and another for individuals. Currently these funds are supporting the WAPCEPC membership of individuals in Brazil (2), the Russian Federation, and Mexico, as well as organizations in Argentina, Brazil (2), Romania and Russia.

Please consider making a donation to one of our Donor Funds and assisting PCE colleagues in other parts of the world to contribute to enriching our world community.

Details : <http://www.pce-world.org/about-us/donor-fund.html>

Routledge Discount for WAPCEPC Members

WAPCEPC members are now entitled to a 20% discount on books published by Routledge, the new publisher of our journal, *Person-Centered and Experiential Psychotherapies*. To claim your discount on online purchases from Routledge, look out for the voucher that we will email to all members during July. The voucher contains a code for use during 2011. A new code will be issued in 2012.

Annual Meeting of PCEP Editors



The annual meeting of the editors of PCEP recently took place in Bern, Switzerland. This was the first opportunity for the editors to meet in person with the journal's new publishers. For the latest news about the journal, see the editors' report on page 14 of this newsletter.

Pictured in Bern (left to right): Mick Cooper, Bill Stiles, Michael Behr.

By Beth Freire, on behalf of the board of WAPCEPC

We are delighted to announce the launch of the WAPCEPC web forum. The creation of this exclusive online forum for the WAPCEPC members was a suggestion and a request made by the membership during our last GA in Rome. The objective of this forum is to facilitate networking and connection amongst the membership, creating a space where members of the WAPCEPC can exchange ideas, knowledge, and experiences.

To access the forum, go to <http://www.pce-world.org/forum/index.html>

Only WAPCEPC members can access the forum, so you must log in with your username and password to get access to the forum. Individual members of WAPCEPC subscribing organizations (currently APPCPC, BAPCA, IPS Austria, & VVCEPC) can also register as users in order to access the WAPCEPC forum.

The forum is structured in four sections: *Research, Theory, Clinical Practice, and Events*. If you would like to get email updates of the messages posted in the forum, you can click in the box 'subscribe' so you will know when something new came in, without having to go to the website to check.

We hope that you'll enjoy this new facility of the WAPCEPC website and that it will facilitate the



formation of a lively and productive network amongst us.

Web based forums need to have a 'moderator', that is, a person who monitors the use of the forum and helps if problems arise. If you would like to volunteer to be a moderator of our forum, please contact us at forum@pce-world.org and we'll be happy to give you more details about this role.

Also, if you have other suggestions on how to structure the forum (for instance, an idea of another section to be added to the forum), please let us know. We'll be delighted to hear your opinions and ideas.

Dates for 2011 Newsletters

Please send us your material for the next issue of the newsletter by the following date:

- 30th September 2011

Send your submission to the editorial team (Lidia Fogliati, Susan Stephen, Graham Westwell)

at newsletter@pce-world.org.

Thank you!



An outline of the program for the 2012 PCE Conference (Antwerp, Belgium; 8-12 July 2012) has been announced by the local organizing committee.

The keynote speakers are:

Greet Vanaerschot: Working with interpersonal and intrapsychic anxiety through the therapeutic relationship.

Robert Elliott: Working with anxiety in PCE psychotherapies: Theory, research and avenues for practice.

Dagmar Hölldampf: Children with anxiety problems: PCE perspectives.

Marcel Schmeets: Neurobiology and anxiety: Implications for psychotherapy.

Jim Iberg: Working with anxiety: A focusing-oriented approach.

The program will include several types of presentations: panels, papers, workshops, round table discussions, and Pecha-kucha. The latter is an innovative and unconventional type of presenting one's ideas: one gives a brief and focused power-point presentation using a maximum of 10 slides, telling the essence of one's story in less than seven minutes. A plenary end panel will be held on



Thursday, with plenary speakers, discussants and audience exchanging ideas about the conference theme: 'From symptom to self: Issues for further debate'. An open encounter group will take place every day during the course of the conference. A broad offer of social activities will be organized during the conference: a welcome reception on Sunday evening, optional excursions in the beautiful and culturally rich town of Antwerp on Tuesday afternoon, a dinner and dance party on Wednesday night, and some special surprise acts.

The 2nd announcement, including the call for papers and registration forms, will be sent out in September 2011. For further enquiries concerning the conference: see the website www.pce-world.org or contact the conference secretariat at pce2012@vvcepc.be.

Conference venue

Antwerp is the economic heart of Belgium. It has a port of major importance. Antwerp is also known as a city of painters, whose great names include 17th century icons such as Rubens, Jordaens, Van Dyck and contemporary artists such as Luc Tuymans, Jan Fabre and Panamarenko. Antwerp is a city of fashion designers and so a real shopper's paradise (Dries van Noten, Walter van Beirendonck, Ann Demeulemeester).

The City Campus of the University of Antwerp is situated in the historical city centre. The different hotels (3 star & 4 star) are located a few steps away from the meeting venue (5-20 minutes). The social evening will take place in a beautiful 'Art nouveau' room, named Horta, and is located in the middle of the shopping

Bringing PCT to Bosnia...

By Orly Koppel

Bosnia is in the news again.

For me personally, Bosnia has been very much in my mind recently. My journey began last year, when I read an article, "Rape, a Long Lasting Weapon" in the *British Medical Journal*. This focused on the plight of some 20,000 women who were brutally raped and tortured, as an integral part of the ethnic-cleansing campaign.

I was very moved by this article and put together a simple proposal which involved training mental health workers in basic counselling skills, using the Person Centred model. I began to email people in Bosnia, as well as researching the country and its

complex culture.

It quickly became clear that email was too limiting and that I would need to actually go to Bosnia to speak to people face to face and see if my idea was viable. I spent a week in Sarajevo and met with a variety of

people; psychologists, a psychiatrist and lay people and learned about life in Bosnia today. Everyone has a heartbreaking story to tell and I concluded that much of the population may benefit from counselling. I also realised that there is no culture of therapy here at all in spite of the huge need. As I write this back in Glasgow, I am delighted to say that my trip was remarkably successful. The first of the training workshops will run in October



2011 at Kosevo Hospital, Sarajevo, with 15 attendees.

I am currently organising support and funding for the project. If anyone is interested in getting involved, please do get in touch.

Contact: Orly Koppel
(Orly.koppel@btopenworld.com)

Many thanks to PCT Scotland for their contribution to my travel costs and Terry Daly of Strathclyde University for his support.

(A longer version of this article recently appeared the PCT Scotland newsletter)



...and to Afghanistan

By Lucia Berdondini

The British Council is funding a training course on counselling skills for practitioners working with students and young people in the Heart, Afghanistan under the scheme International Strategic Partnerships Partners INSPIRE. The course has been designed and co-constructed between the University of Strathclyde (UK), and the University of Herat (Afghanistan).

This 3 years project aims to carry out and establish a Certificate course in counselling skills (120 hours in total) for practitioners who work in the province of Herat. It is also meant to be training for trainers, so that participants will receive skills on how to deliver the same course to other people. Over the first 2 years the course will be run for 2 different small groups of trainees (6-8 people each) and an advanced training course will be delivered to all the participants during the third year. One of the aspect f this project is to evaluate the 3 courses and to analyse the results in order to adjust them, in progress, to the feedback and the outcome revealed.

In April-May 2011 the first block of 60 hours of training for the first group has been carried out at the British Council in Kabul, by Dr Lucia Berdondini and Sandra Grieve (University of Strathclyde).



Lucia in Afghanistan, presenting to colleagues 3 laptops donated to the project by PCT Scotland

The group is composed of 8 participants, who work in different settings and who will receive the second block of 60 hours of training in July 2011. The course has a Person-Centred/Experiential approach and includes thematic workshops, practice groups, group discussions and academic assignments, plus regular individual supervision through Skype in between the two blocks of training and after them.

Contact Lucia Berdondini
(lucia.berdondini@strath.ac.uk)

Making a difference: The quiet revolution! We would like to include the testimonies of people who have done something original, creative and powerful within our PCE world. If you are one of them or you know of someone, please contact us.

Experiences and testimonies:

We would like you to share your personal feelings and thoughts on how you are being affected by your relationships with clients and students. How has your work changed you? What you have learnt from your experiences?

Guidelines: Communications should have no more than **500 words**.

Write to: newsletter@pce-world.org

Plantão : A creative Brazilian community service

By Raquel Wrona (written in Portuguese).

English & Spanish Translations by Lidia

Fogliati.

What is Plantão??

At the beginning of the 80's, Plantão, a form of preventive psychological service, became widely established in Brazil. It was initially developed at the University of Sao Paulo and has spread to many types of institutions, including schools, hospitals, universities, prisons, public security institutions, companies and different communities.

Plantão is a drop in psychological service that welcomes individuals at a moment of crisis, helping them to deal better with their resources and limits. The service offers a private space and the opportunity to talk with a specialized professional who can help people clarify their feelings, facilitating the acknowledgment of the issues they are facing. This intervention is not about giving advice or judging. It is a non-directive counseling intervention. The psychologist will be centered on the person, not on the problem, providing presence, a welcoming environment, active listening, and trusting people will find the inner resources to overcome their difficulties.

“There are times in people’s lives when they can benefit from a differentiated dialogue that can give them the opportunity to listen to themselves, identifying and recognizing their own feelings and their possibilities of self-direction, at the very moment when they face difficulty and without having to be submitted to a lengthy, systematic assistance as is traditionally offered by psychotherapies”. (Wrona Rosenthal, 1999).

Plantão is based on the recognition that empathic listening can move the client’s inner resources in

order to face current and future situations:

It contributes to self-knowledge and provides insight.

It is preventive in nature, since a punctual intervention can help prevent future conflicts or the development of chronic difficulties.

It can lead to other services or specialist professionals when the situation exceeds the limits of the Plantão service.

How does Plantão work?

It consists of having a psychologist available during pre-established times, in a discrete, quiet room, providing complete privacy. No notes, reports or any kind of record are made, as these may expose the intimacy of those who seek the service. The encounter takes place over the period of one hour or slightly more and a return visit is not mandatory, leaving clients free to reach out for assistance whenever they feel the psychologist might be of help. The encounter can be individual or in small groups. For example, if a team is going through some interpersonal conflict, the psychologist can act as a facilitator, providing conditions for the reestablishment of harmony and group cohesion.

As Plantão became more widely spread, it has attracted a wide variety of psychological approaches. However, in its original conception, its transformative potential is solidly based on the Person-Centered Approach, which makes them inseparable.

Reference

Wrona Rosenthal, R. (1999). Plantão Psicológico: Uma nova proposta de atendimento à comunidade, in: Mahfoud, Miguel (Org.) Plantão Psicológico: Novos horizontes. São Paulo: Cia. Ilimitada.

O que é Plantão Psicológico?

A partir da década de 80, vem se difundindo no Brasil uma modalidade de atendimento psicológico de função notadamente preventiva. Tendo tido seu início anos antes no Serviço de Aconselhamento Psicológico na Universidade de São Paulo, vem se tornando cada vez mais presente em instituições de diferentes âmbitos, como escolas, hospitais, universidades, presídios, instituições de segurança, empresas e diferentes comunidades. Trata-se de uma intervenção psicológica que acolhe a pessoa no exato momento da necessidade, ajudando-a a lidar melhor com seus recursos e limites. Consiste em proporcionar um espaço de privacidade, oferecendo-se um interlocutor profissional especializado que poderá ajudar a clarear seus sentimentos, favorecendo o reconhecimento das questões que enfrenta. Não se trata de dar conselhos, muito menos de julgar. É a chamada consulta não-diretiva (*nondirective counseling*). O psicólogo estará centrado na pessoa – não no problema—, oferecendo presença, acolhimento, escuta ativa, certo de que ela encontrará dentro de si os recursos para superar a dificuldade.

"Muitas pessoas, em determinada circunstância de suas vidas, poderiam se beneficiar ao encontrar essa interlocução diferenciada, que lhes propiciasse uma oportunidade também de escutar a si mesmas, identificando e reconhecendo seus próprios sentimentos e possibilidades de autodireção, no momento em que enfrentam a dificuldade, sem que necessariamente tenham que se submeter a atendimento sistemático, prolongado, como tradicionalmente oferecem as psicoterapias" (Wrona Rosenthal, 1999, p.16).

Plantão Psicológico apoia-se no reconhecimento de que a escuta empática mobiliza os recursos inerentes às pessoas, fortalecendo-as para lidar com as dificuldades do presente e facilitando o enfrentamento de situações futuras.

Plantão Psicológico:

- contribui para o autoconhecimento propiciando *insights*,
- tem caráter preventivo, pois uma intervenção no momento oportuno poderá evitar conflitos posteriores ou a cronificação da dificuldade;
- eventualmente pode fazer encaminhamentos, orientando para outros serviços ou profissionais especializados - quando a situação não for do âmbito de competência de um Plantão Psicológico.

Como funciona o Plantão?

Consiste em manter um psicólogo disponível em determinados períodos da semana, numa sala cujo acesso seja discreto, acusticamente protegida, garantindo privacidade e total sigilo. Não há anotações, relatórios ou qualquer registro que possa expor a intimidade de quem procura o serviço. O encontro poderá se desenvolver no período de uma hora ou pouco mais e não há obrigatoriedade de retorno, ficando a critério de cada pessoa buscar o atendimento no momento em que sentir que o psicólogo possa ajudar. O atendimento poderá ser individual e também em pequenos grupos, como no caso, por exemplo, de uma equipe que esteja vivendo algum conflito interpessoal, quando o psicólogo pode atuar como facilitador no sentido de propiciar condições para o restabelecimento da harmonia e coesão do grupo.

Embora hoje esta proposta tenha se expandido no país a ponto de atrair outras orientações teóricas a prestar serviços sob este mesmo título, o Plantão Psicológico, na sua concepção, tem seu potencial transformador sólidamente fundamentado na Abordagem Centrada na Pessoa, o que os torna indissociáveis.

¿Qué es el Plantão Psicológico?

A principios de los 80, una modalidad de atención psicológica preventiva fue ampliamente difundida en Brasil. Inicialmente comenzó unos años antes en el Servicio de Orientación Psicológica en la Universidad de San Pablo, y fue estando cada vez más presente en instituciones de diferentes ámbitos, como escuelas, hospitales, cárceles, instituciones de seguridad pública, empresas y diferentes comunidades.

Se trata de una intervención psicológica que acompaña a una persona en el exacto momento de necesidad, ayudándolo a lidiar mejor con sus recursos y sus límites. Consiste en ofrecer un espacio de privacidad, con un interlocutor profesional especializado que podrá ayudar a la persona a aclarar sus sentimientos, facilitando el reconocimiento de los problemas que enfrenta. No se trata de dar consejos, mucho menos de juzgar. Es una consulta de counseling no directivo. El psicólogo estará centrado en la persona, no en el problema, ofreciendo su presencia, un entorno receptivo y escucha activa, en la certeza de que la persona encontrará dentro de sí, los recursos para superar la dificultad.

“Muchas personas, en determinada circunstancia de sus vidas, se podrían beneficiar con ese intercambio diferenciado, que les procurasen también una oportunidad de escucharse a sí mismos, identificando y reconociendo sus propios sentimientos y posibilidades de autodirección, en el momento en que enfrentan esa dificultad, sin que necesariamente se tengan que someter a un tratamiento sistemático, prolongado, como tradicionalmente ofrecen las psicoterapias.” (*Wrona Rosenthal, 1999, p.16*).

El Plantão Psicológico se apoya en el reconocimiento de que la escucha empática moviliza los recursos internos de las personas, fortaleciéndolas para lidiar con las dificultades del presente y facili-

tar el afrontamiento de situaciones futuras.

El Plantão Psicológico

- Contribuye al autoconocimiento, propiciando el insight.
- Tiene un carácter preventivo, ya que una intervención en el momento oportuno podrá evitar conflictos posteriores o la cronicidad de un problema.
- Eventualmente se podrán hacer derivaciones, orientando hacia otros servicios especializados, cuando la situación exceda el ámbito de incumbencia del Plantão Psicológico.

¿Cómo funciona el Plantão?

Consiste en que haya un psicólogo disponible en determinados períodos de la semana, en una sala cuyo acceso sea discreto, protegido acústicamente, garantizando total privacidad.

No se toman notas, ni relatos, ni registros que puedan exponer la intimidad de quien solicita el servicio.

El encuentro podrá durar una hora o un poco más, no hay obligación de regresar, quedando a criterio de cada persona volver a buscar atención psicológica en el momento en que sienta que el psicólogo lo puede ayudar. La atención puede ser individual, y también en pequeños grupos, como, por ejemplo, el caso de un equipo que esté viviendo algún conflicto interpersonal, en el que el psicólogo pueda actuar como facilitador, propiciando las condiciones para el restablecimiento de la armonía y la cohesión del grupo.

A medida que esta propuesta se ha expandido en el país, a punto de atraer otras orientaciones teóricas a prestar el servicio con el mismo nombre, el Plantão Psicológico, en su concepción, tiene su potencial transformador sólidamente fundamentado en el Enfoque Centrado en la Persona, lo que los hace inseparables.

New Member: The Phoenix Institute of Australia

We are delighted to welcome The Phoenix Institute of Australia, as new organizational members of the WAPCEPC. Here we find out more about our new colleagues and their work through this interview with Martin Peake, Director.

1. Who are you and where are you based?

The Phoenix Institute of Australia is a tertiary institute that delivers Degree and Diploma courses in transpersonal and holistic counselling in Australia and to international students. Operating for over 14 years, Phoenix is the leading provider of holistic and transpersonal education in both Melbourne (main campus) and Sydney. Phoenix is an accredited higher Education provider and in 2011 will deliver the first Bachelor Degree in Holistic Counselling. Phoenix has recently submitted a Master in Transpersonal Counselling and a Graduate Diploma in Movement and Dance Therapy. Phoenix has approximately 400 students and teaches client centred and holistic approaches in all its programs.



2. What kind of work goes on?

Phoenix is both a vocational training organisation and higher education provider. Phoenix has a strong research focus and has set up a laboratory to undertake investigations into para-psychology, use of altered states in education and counselling, therapeutic ritual and holistic education training.



3. What has been your biggest success to date?

Phoenix has moved to a large city campus and increased its enrolments, including international students. It is developing a strong research base and was recently accredited as a provider of Degree and Masters programs in transpersonal and holistic counselling.

4. What challenges do you face at the moment?

Developing our Degree and Masters programs and to gain international accreditation for them. Increasing our student enrolments and developing our profile internationally.

5. What are your hopes for the future?

To develop Phoenix as a world class provider of holistic and transpersonal education for counsellors and therapists. To foster psycho-spiritual approaches to healing and wellbeing and to develop a strong research base for arts based psycho-spiritual approaches to therapy.

6. Why are you a member of the WAPCEPC?

Phoenix applies a holistic approach to all its training and curriculum so that students work humanistically and holistically with clients.

www.phoenixinstitute.com.au

News from PCE Europe

By Andrea Uphoff, on behalf of PCE Europe

On the 7th and 8th May 2011 the full board of PCE Europe met in Bordeaux. As in previous times, meeting in person has proved extremely productive and this year was no exception.

The board sees its remit to collaborate within the European forum as crucial. PCE Europe is a well established network of organisations that has already worked hard on developing membership and training standards criteria and is best placed to represent the interest of the person-centred perspective in the fields of counselling and psychotherapy within EAP (European Association for Psychotherapy) and EAC (European Association for Counselling). Heino Mönnich and Danae Marinakis respectively represent PCE Europe within these two organisations and make their reports to the board after each meeting. The current business of both organisations is the establishment of criteria for memberships, training standards and accreditation. PCE Europe has accrediting powers in EAP specifically for person-centred organisations and individuals and so expects to play its part in development of criteria for EAP. Counselling is an equally broad and complicated arena within Europe and we have offered our experience and expertise to an EAC working party in order to bring regulation and standards in line with our own, thereby making our PCE Certificate (for therapists, trainers and organisations working from a person-centred perspective) more substantial for recognition.

Promotion of PCE Europe and the PCE Certificate, as well as how we might as an organisation better offer support and guidance to person-centred and experiential practitioners, are central issues. Communication via the network to the individual members of the organisations remains difficult and the significance of our work is not

generally apparent to individuals or how it will affect their future in Europe. How to solve this? A Google search for person-centred therapists brings up the PCE Europe website immediately and an update has been initiated whereby the search for a therapist is prioritised by an item on the home page. Also, the language spoken is a criterion for the website directory making it an even more useful tool for making professional and personal connections across borders for our registrants. As an experiment PCE Europe has also made its debut with a Facebook presence as a more informal way for people to communicate and link with the website.

PCE Europe is keen to support financially challenged organisations and although the network is financially stable at present, this may not always be the case. On this basis the idea of a fund was born to which better situated organisations could donate. Accumulated funds could be distributed by the board upon application or as incentive to join PCE Europe. This will be on the agenda for discussion at GA 2012.

It was noted that even with a full complement of people serving on the board, it cannot possibly deal with all the tasks. The board envisions recruiting small committees at GA 2012 to deal with specific areas of work.

A highlight of the weekend was that the board had the opportunity to meet up for dinner with a group of local person-centred people. Since regulation in France life has become difficult for practitioners other than those of medical and/or psychoanalytic bent. This group is enthusiastically espousing person-centred values and training is a growth area with prospects of a Carl Rogers centre being established in Bordeaux. Do we need to say more about the importance of PCE Europe's remit and its presence within the European arena?

A Last Shot in the Dark

The WAPCEPC board has received this message from Sheeva, a young woman in Iran. She has given her consent to us sharing this message with you. If you have any information or suggestions about how Sheeva might pursue her desire to train as a client-centered therapist, please reply here or contact me directly (susan.stephen@pce-world.org) and I will put you in touch with Sheeva.

Hello. My name is Sheeva, I am 23 and a girl from Iran. I am a student of Clinical Psychology in master degree, But I am sick of it!
When I was 17 and wanted to start to study psychology,
I was good in everything in school, I was always "the first"
I mean, I was really gifted and great in everything specially Math, Music, and painting.
But suddenly, although everyone thought I will go to become an engineer or a physician; I just feel Math and science can't satisfy me
(Now I think I just afraid of competition and fear of "may be always can't be the first"
When I came to university and saw how "the reality" is (about this science), I became very disappointed. And now, my thoughts are quite different,
I am now studying in master degree because I was graduated as "the first" in my university

and I could continue to study for master degree without passing any exam
(while everybody have to pass a really hard exam) so I should continue but there is no love for it in me!

Unfortunately, here just focus is on SCIENTIFIC RESEARCH, and the treatments are often "CBT".

And I hate that. And I hate to do researches and turn every person in a number!

I just interested in humanistic psychology and I really appreciate that. And Maslow and Rogers (Even my past in my personal life is like Roger's!) That just their theory and thoughts just really satisfy me and I think this approach is that I really search for it.

So I wrote this email to ask you is there a way for me to become a student just for being a therapist in client center therapy? Here in my country it is not possible.

I am from Iran, my English is not perfect, I have not enough money for going in other country and I am not sure to continue my university with these professors

(their approach is very very Behavioral cognitive like the others in my country)

So at this time I want to come out the university and forget anything about psychology,

But something inside me, forced me to write this and take the last shot in the dark.

I hope you can counsel me.

Thanks for the time.

Library of the Person

This is an interesting and useful initiative of counselors Alejandro Lemos and Gabriela Cartasso, from Epimeleia, a civil association in Argentina (<http://www.epimeleia-argentina.org/>): "Small people, in small places, doing small things, generate big changes". The Library for the Person is a free and accessible virtual Library for counseling and the Person Centered Approach. There are three libraries in which to read texts: (1) Journal Collection; (2) Library Books and (3) Writings Collection.

Available languages: Spanish, Catalan, French, English and Portuguese.

The program is adapted for screen reader for blind people. Even magazines can be read.

To enter the Library for the Person, click here: <http://www.epimeleia-argentina.org/biblioteca.php>. To send articles: bibliotecaparalapersona@epimeleia-argentina.org

Escuela de Verano de Focusing (S)**Date:** July, 7-13, 2011**Place:** Miraflores de la Sierra, Madrid, Spain**Info:** www.focusing.es**Philosophy of Psychotherapy Conference (E)****Date:** July, 8-11, 2011**Place:** Norwich, UK**Info:** www.uea.ac.uk/counselling/philosophyconference**International Cross Cultural Communication Workshop (E)****Date:** July, 11-17, 2011**Place:** Pécs, Hungary**Info:** www.rogers2011.hu**ADPCA 2011 – 25th Meeting (E)****Date:** July, 27 – 31, 2011**Place:** Loyola University, Chicago, USA**Info:** adpca2011@gmail.com**Focusing-Woche Achberg 2011 (G)****Date:** August, 5-14, 2011**Place:** Humboldt-Haus Achberg bei Lindau am Bodensee**Info:** www.focusing-netzwerk.de; gfk@bluewin.ch**BAPCA 5th Conference (E): Adversity in PCA - Dodo or Phoenix****Date:** August, 19-22, 2011**Place:** The Royal Agricultural College, Cirencester, England**Info:** convenor@bapca.org.uk**World Congress for Psychotherapy 2011 (E):**

World Dreaming

Date: August, 24 - 28, 2011**Place:** Sydney, Australia**Info:** www.wcp2011.org**Fórum Brasileiro da Abordagem Centrada na Pessoa (P)****Date:** September, 4-10, 2011**Place:** Ilha do Marajó, Pará, Amazonia, Brazil**Info:** forumcpga@gmail.com;www.forumbrasilacp.wordpress.com**Tagung 15 Jahre „Forum der APG“ (G & E):**

VerbundenSein - Personenzentrierter Ansatz und Spiritualität im Dialog (u.a. mit Mia Leijssen, Klaus Renn und Gill Wyatt)

Date: October, 7-8, 2011**Place:** Kardinal König Haus, Wien-Speising**Info:** www.apg-forum.at; buero@apg-forum.at**XVI Encuentro Argentino del Enfoque Centrado en la Persona (S)****Date:** October, 27-30, 2011**Place:** Mar del Plata, Argentina**Info:** sjauregui@uolsinectis.co.ar**PCE Conference 2012 (E): Working with anxiety: From Symptom to Self****Date:** July, 8-12, 2012**Place:** University of Antwerp, Belgium**Info:** pce2012@vvcepc.be**PERSON-CENTERED
AND EXPERIENTIAL
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edited by

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Person-Centered and Experiential Psychotherapies

Journal of the World Association for Person Centered and Experiential Psychotherapy and Counseling

Editors: William Stiles, USA; Mick Cooper, UK; Michael Behr, Germany

Editor Emeritus: Robert Elliott

By now you will have received the first journal issue produced by Taylor and Francis. It was late; sorry for this. Although we expected delays, we tried to stick to our publication schedule – in vain. Future issues should appear on time.

The Editors are currently involved in training and telephone conferences to get attuned to the new internet-based electronic submission system. With this change, our journal will join other professional journals which use such technology to provide superior services for authors, reviewers, and editors.

The PCEP editors will hold their annual meeting in Bern in June. Among other things, we will discuss ways to encourage proposals for special issues with guest editors.

We encourage everyone who presented in Rome and has not yet written a paper to submit something. With the flexibility afforded by our publishing agreement, we can keep the publication lag short. The audience for conference presentations is limited, and PCEP is a means to spread ideas and reports of practical work all over the person-centered world. Use this.

CALL FOR ARTICLES ON **NON-DIRECTIVITY** FOR SPECIAL ISSUE OF *PERSON-CENTERED AND EXPERIENTIAL PSYCHOTHERAPIES (PCEP)*

By Beth Freire

We are inviting manuscript submissions for a special issue of *Person-Centered and Experiential Psychotherapies (PCEP)* on **non-directivity**.

Non-directivity is, nowadays, a vexed concept in the person-centered and experiential approaches. There is much debate and controversy about its definition, theoretical meaning, clinical effectiveness, and application to wider contexts. The goal of this special issue is to promote a constructive and ground-breaking debate among scholars, researchers, and practitioners regarding the concept and practice of non-directivity. We are inviting articles that go beyond what has already been written on this topic, that is, we are expecting new material rather than rehashed arguments. We welcome critical perspectives on non-directivity as well as those that advocate its relevance and value. We would encourage particularly the report of new qualitative or quantitative data. For instance, you might want to compare your ideas on non-directivity to detailed observations

on a case material so that the theory on non-directivity could be elaborated, expanded, confirmed or disconfirmed.

Beth Freire will be the guest editor for this special issue. She can be contacted at beth.freire@pce-world.org for more information.

All papers will go through the usual peer-review process for PCEP articles, so revisions may be requested, and acceptance of your paper cannot be guaranteed.

Articles should be sent by 1st December 2011, with no more than 6000 words. All submissions should be made online at PCEP's new ScholarOne site [<http://mc.manuscriptcentral.com/rpcp>]. The site is in construction at the moment but it will be ready to receive submissions soon.

Please circulate this invitation to anyone you think might be interested. Many thanks.