



WAPCEPC

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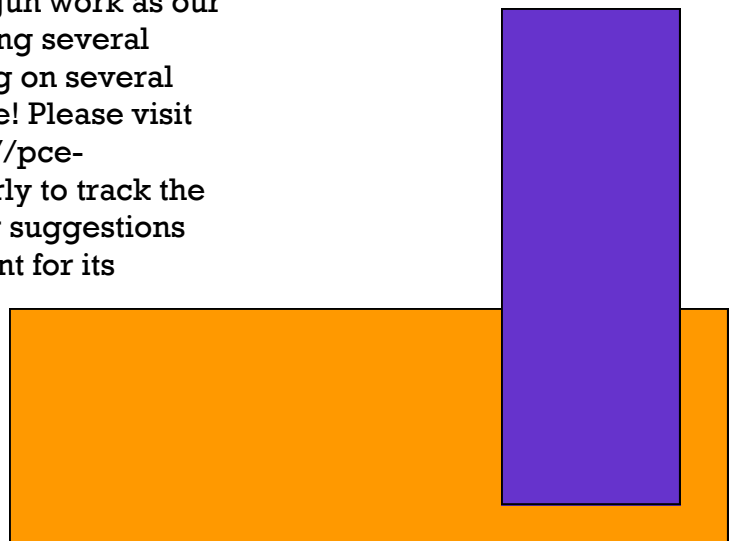
Note from The Editor

On behalf of the Board, I am pleased to bring you the current issue of the WAPCEPC Newsletter. In this issue, we have articles that describe developments with Regional Chapters, subjective perceptions of the Association's functioning, and the status of the potential of PCE to be accepted for insurance reimbursement in Germany. We also have an encouraging 'journal news' report from the PCEP Editors that detail developments in subscriptions, quality, and recent changes in the Editorial Team.

Two other pieces of news not described elsewhere in the issue: Mike Bailey, in consultation with the Board, has begun work as our webmaster updating several pages and working on several more. Thanks Mike! Please visit our website (<http://pce-world.org>) regularly to track the progress and offer suggestions and encouragement for its

continued development. Similar to recent struggles in Germany, the Netherlands, and elsewhere, person-centered and experiential practitioners in the UK (especially with coordination by BAPCA) have been mobilizing to help improve the formal acceptance of PCE approaches by the Department of Health. We hope to bring more news about this in the next issue of the Newsletter. The beautiful First Announcement for the PCE 2008 Conference concludes the issue.

By Jef Cornelius-White



WAPCEPC from the Inside: Some Impressions of a New Board Member

It was quite early in the life of the WAPCEPC (1999) that I heard about it and decided to become a member. The association was not very organized at that time, and I remember that for a while, I wondered if it was really working and existing. Fortunately it was. The Newsletter started to be sent regularly, the PCE Conferences appeared, and the Journal began to be periodically published for the first time in 2002. The Association is now really different, more developed and stronger. At the same time it still has challenges, both external – the politics of psychotherapy – and internal – we, the members have to make it live. The WAPCEPC will be what each and every association member alone and collectively make of it, formed by our wants, personal engagement, and conscientiousness.

Last summer, at the General Assembly, three founders of the association decided to retire from the Board, and new people were elected. From an organizational point of view, two main things have to be now accomplished within the board itself. First, we have to understand how it works, what has to be done, and to find our place. During this period, a lot has depended on Elke, who is the last founding member of the Board, knows all of the history, and is competent at all of the tasks. We are grateful to her. The second thing is that the office has been moved from Switzerland to the United Kingdom,

which implies that a new way of working has to be created. It means that, still today, there is quite a lot of work to do just to get things organized!

But what I can observe, or learn once again, is how important the personal links are. We work, and will work, in a powerful way as a Board as far as we can create confidence, knowledge, and connection between us. In other words, in order to find how to work and what to do, we mostly have to create a “working together.” I can see, for example, the difference in my relationship with the members of the board whom I had time to begin to know, with whom I spent some time in Potsdam compared with the members whom I only saw at our short Board meetings there. Even if I know it, experiencing the power of the human relationship is always a very impressive reality.

By Jean-Marc Randin, Treasurer



A Candidate for Becoming a Regional Chapter

To support the development of the PCE approaches in various regions of the world, we decided at the last WAPCEPC General Assembly that regional chapters of the WA can be formed in particular regions. The first candidate that has already applied for this status is the Network of the European Associations for Person-Centered and Experiential Psychotherapy and Counselling (NEAPCEPC).

The aims and principles of the Network are in line with the principles of the World Association. It was founded in 1998 in order to further co-operation between person-centered and experiential associations and institutions in Europe, especially in the fields of psychotherapy and counselling.

The Network has invited into its membership existing national person-centered and experiential organizations, training institutes and other institutions in Europe which adhere to its principles and its goals, are committed to clearly defined ethical standards and have a commitment to psychotherapy and counselling training and/or further training according to state of the art of the person-centered approach. The Network now has 23 members from 11 European countries (Austria,

Belgium, Czechia, France, Germany, Hungary, Luxembourg, the Netherlands, Portugal, Slovakia, Switzerland and the UK), representing person-centered associations as well as focusing institutes and the Pre-Therapy Network International. The Network is a member in the European Association for Psychotherapy (EAP) and the European Association for Counselling (EAC) and works for promoting the knowledge and acceptance of the Person-Centered Approach.

Delegates of the member associations and institutes meet every year to inform each other about the development and problems in their countries and foster personal connections between person-centered professionals. The meetings are attached either to the PCE conferences or a national person-centered workshop that gives the opportunity for locals to meet a wider international group of PCE people (Greece 1999, Hungary 2000, Belgium 2001, Austria 2002, The Netherlands 2003, France 2004, Portugal 2005, Germany 2006).

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The Network developed a commonly accepted statement on principles for person-centered and experiential training and further training in psychotherapy and counselling, and accepted the following declaration: "In case of a change of residence, completed trainings or individual components of trainings in Person-Centred Psychotherapy will be recognised reciprocally, if the conditions for participation of the training as recognised by the association of the new country of residence, and the entire training or individual components of trainings are compatible with the training curriculum of the association in the new country."

Delegates of The Network hope that the candidacy for becoming the first regional chapter of the WAPCEPC will be followed by further efforts and successes in international cooperation.

By Magda Draskoczy

ROGERS TRANSCRIPTS NOW AVAILABLE

Barbara and Germain have completed their editorial project of compiling as complete a record as possible of transcripts of Carl Rogers' sessions, 189 transcripts as well as many commentaries and discussions following the sessions. These transcripts are being made available at no cost for purposes of research, study and teaching. A description of this project appeared in an article by Germain Lietaer and Barbara T. Brodley, "Carl Rogers in the Therapy Room: A Listing of Session Transcripts and a Survey of Publications Referring to Rogers' Sessions," published 2004 in *Person-Centered & Experiential Psychotherapies*, 2(4), pp. 274-291.

The transcripts are available now in seventeen Microsoft Word documents that can be emailed to you. Please let us know if you would be interested in receiving these seventeen volumes as e-mail attachments? Please send your request to Kathy Moon (kmoon1@alumni.uchicago.edu) or Germain Lietaer (germain.lietaer@psy.kuleuven.be).

Sincerely,
Kathy Moon

Brodley, B.T., & Lietaer, G. (Eds.). (2006). *Transcripts of Carl Rogers' therapy sessions. Vols. 1 to 17. Word documents, available for research and training through: germain.lietaer@psy.kuleuven.be; kmoon1@alumni.uchicago.edu.*

Upcoming Events and News

PCE 2008 Present Strengths and Future Challenges

Dates: Sunday 6th July- Thursday 10th July

Keynote Speakers:

Conference Venue

The conference will be held on the campus of the University of East Anglia, which is located about three miles from the centre of the city of Norwich. The university is set in 320 acres of scenic parkland, with peaceful lakeside walks. There is easy access to the city of Norwich by bus and taxi.

See the First Announcement at the end of the Newsletter (pg. 11)

Facilities on the campus include restaurants, bars, banks, post office, supermarket, bookshop and travel agent. The Sports Park has an Olympic-sized swimming pool and many other indoor and outdoor sports facilities. The Sainsbury Centre for Visual Arts is located in the internationally renowned building designed by Sir Norman Foster and contains an art collection spanning thousands of years and many cultures.

PCE 2010 Empowerment: The Politics of the Helping Relationship Across Cultures

PCE 2010 will be held in Italy. The conference theme, dates and exact location are still to be confirmed. It will probably be held at the end of June 2010 in Italy. We will keep you informed!

Alberto Zucconi Elected to WAAS

Alberto Zucconi, president and co-founder with Carl Rogers and Charles Devonshire of the Istituto dell'Approccio Centrato sulla Persona (IACP), a World Health Organization (WHO) Collaborating Centre, was elected fellow of the World Academy of Art and Science (WAAS) for his contributions in the field of psychology, psychotherapy and health promotion in February of 2007. The World Academy of Art and Science was established in 1960 by Albert Einstein, Prof. Needham (co-founder of UNESCO), Lord Boyd Orr, the first Director General of the Food and Agriculture Organization (FAO), and Dr. Chisholm, the first Director General of the WHO. It began as a network of not more than 500 individual Fellows from diverse cultures, nationalities, and intellectual disciplines, "chosen for eminence in art, the natural and social sciences, and the humanities." Its activities focus on "the social consequences and policy implications of knowledge." Its Fellows share the ambition "to rediscover the language of mutual understanding..., surmounting differences in tradition, language, and social structure which, unless fused by creative imagination and continuous effort, dissolve the latent human commonwealth in contention and conflict." The World Academy of Art and Science "will function as an informal world university at the highest scientific and ethical level, in which deep human understanding and the fullest sense of responsibility will meet" (<http://www.worldacademy.org/>).

Other events and conferences

X INTERNATIONAL FORUM ON THE PERSON-CENTERED APPROACH

Date: 7-12 May 2007, in Mallorca, Spain.

Contact: www.pcaforum2007.org.

Experiential Workshop: Nourishing the soul through the arts– Natalie Rogers, Ph.D

HUMANISTIC PSYCHOTHERAPIES FOR THE 21st CENTURY: Evolution in Theory, Research and Practice

Date: August 14-16, 2007 (Just preceding the APA Convention)

San Francisco Airport Marriott

For more information and how to register contact the Conference Chairperson at: david4@fda.net

ADPCA 2007

The 2007 Annual Conference of the Association for the Development of the Person-Centered Approach will be held in New York City, USA from July 25-27 at the inexpensive New York University's Kimmel Center and will include professional presentations, large encounter groups, a talent show, an entertainment guide, and a cocktail party with live band. For additional information, go to <http://www.adpca.org/events/NY2007.htm>. Financial assistance is available for those who present their need, but exact amounts available will depend upon our registration numbers. It is ADPCA's hope that no one should be prevented from attending the 2007 ADPCA conference because of financial limitations. Email Sarton Weinraub to request assistance: adpca2007@aol.com.

WORLD CONGRESS FOR PSYCHOTHERAPY 2008

The 5th World Congress for Psychotherapy, organised by the World Council for Psychotherapy, will be held in Beijing, October 12-15, 2008

The WA is a member of the WCP and following our successful symposiums at the conferences in Vienna (2002) and Buenos Aires (2005), we are hoping to work together with colleagues from China and other oriental countries to put together a PCE symposium in Beijing..

You may be interested to hear that the PCE approach has been endorsed in China as an approach that is fitting with Chinese culture.

We will bring you more information in the next newsletter.

Visit www.wcp2008.org for conference details.

BAPCA Conference 2007

The British Association for the Person-Centred Approach's conference, entitled The Person Centred Approach: Past Present and Future, will be held September 6th-9th 2007 in Cirencester, Gloucestershire, UK. It will be twenty years since Roger's death and now seems an appropriate time to reflect on the progress of the person-centred approach, the current situation and our visions for the future. The conference will feature key note presentations by Howard Kirschenbaum, Kahatidja Chantler, Peter Schmid, and Irene Fairhurst. For further details please contact David Crossley BAPCA secretary at david@dhcrossley.com.

Journal News:

Person-Centered and Experiential Psychotherapies

Journal of the World Association for Person Centered and Experiential Psychotherapy and Counseling

Editors: Robert Elliott, Scotland
 Dave Mearns, Scotland
 Peter F. Schmid, Austria
 Bill Stiles, USA
 Jeanne Watson, Canada

Person-Centered and Experiential Psychotherapies (PCEP) has now completed its first five volumes. The Board of the World Association (WA) has taken responsibility for marketing the Journal. Their success is measured by the current sales of 2,200 copies of each Issue from the start of Volume 6. This is a large circulation for a professional journal. The consequent economies of scale have allowed the WA to maintain the price of the Journal at the same level throughout these first five volumes and into the sixth. However, the most important aspect of this high circulation is the academic base it offers individual members and subscribing organizations. There are very few therapeutic approaches with a dedicated international journal of such a circulation.

PCEP has made particular efforts to maintain its international range not only in terms of its readership but also in its range of authors and reviewers. It is a considerable challenge for authors to publish outside their native language. The editors, only one of whom is multilingual, deeply appreciate that effort and try to do everything they can to support it. The international range is also something we consider in regard to the translation of Abstracts. To the present German, Spanish and French we are adding Japanese and Portuguese from the second Issue of Volume 6. The Portuguese is as a result of a direct approach from colleagues in Portugal who will arrange the translations. However, it is equally important to us that this step be seen as the Journal reaching out to colleagues in Brazil, though we are aware of the considerable difference between the Portuguese language in Portugal and in Brazil.

Much of the content of Volume 6 is already clear. The first Issue will contain derivatives of the Potsdam Keynote addresses, the opening address, and a commentary paper on the keynotes. The second Issue will

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include three papers on working with a client experiencing *dissociated process*. These are papers by the therapist, the client and a commentator. Other papers already accepted for Volume 6 include a rejoinder to van Blarikom's earlier paper on schizophrenia; a fresh look at trauma; *focusing* in work with couples; and many others. Our longer term preparations include a Special Issue on *working with couples and families* for which, arguably, the five most influential PCE therapists in this area, past and present, are working on papers. Other Special Issues in preparation will focus upon: *gender issues; working with children; Focusing Oriented Therapy; and the interface with health systems*.

Although Volume 6 is fairly well defined, we can offer authors a much faster review process and an earlier potential publication date than most international journals. Members are encouraged to submit their papers and be supported by the developmental process the Journal offers.

We have two editorial changes this year. Firstly, Robert Elliott, having set up the Journal and taken most of the weight during its first four volumes, is retiring this summer. Robert really carried the Journal in its early years and we are enormously grateful to him for his work. The Board of the *WA* has invited Professor Jeanne Watson to become an editor. She has accepted and is already being copied into the Journal correspondence, in preparation for the formal start of her work this summer. We are not going to replace Robert's role as *Managing Editor*. Instead we are going to operate a flatter management structure with all four sharing the responsibility equally.

We also want to announce the retirement of Martin van Kalmthout as *Reviews Editor*. Martin has also been part of the team throughout these first five years, during which we have published forty reviews. Again we thank him for his support. As a result we have an editorial vacancy for this position of *Reviews Editor* and would welcome approaches from anyone with a possible interest in the position. The role involves being the link person with the major publishing houses who will send complimentary copies of new books and other kinds of publications in our area. The reviews editor then puts these out to others to review and compiles the reviews for publication. The Editors and the wider Editorial Board can offer considerable support in suggesting possible reviewers. Would anyone interested in exploring this role please contact Bill Stiles in the first instance.

Thank you for your support of *Person-Centered and Experiential Psychotherapies* and best wishes for 2007.

Robert Elliott <fac0029@gmail.com>

Dave Mearns <dave@davemearns.com>

Peter F. Schmid <pfs@pfs-online.at>

William B. Stiles <pcep@muohio.edu>

Jeanne Watson <jewatson@oise.utoronto.ca >
February, 2007

Winter or Spring for Person-Centered and Experiential Psychotherapy?

Both similar and different than the unfolding events in other countries, the recognition of person-centered and experiential psychotherapy in Germany more and more develops to become a never ending story. In November of 2006, the highest united board of medical doctors and health insurance companies (Gemeinsamer Bundesausschuss, GBA) rejected person-centered and experiential psychotherapy– in contrast to CBT and Psychodynamic PT- as reimbursable by health insurance. On behalf of WAPCEPC, we wrote a letter together with Robert Elliott, Elke Lambers, and Juergen Kriz in support of PCE to the last control body, the German Ministry for Health. Thankfully, the Ministry did not accept the GBA decision. They cited that two other important boards, the national scientific board for psychotherapy and the professional practitioners board for psychotherapy, had not been involved with the GBA decision and had come to more supportive results earlier. The GBA now is due to reconsider its decision.

We include some parts of the WAPCEPC Statement here though the complete statement is available at <http://pce-world.org/idxcooperation.htm#top>:

A large empirical literature on the effectiveness of psychotherapy research, including studies published in German, clearly and strongly supports the use of PCE psychotherapies for a broad range of client problems. This literature includes data from five complementary lines of evidence:

1. Randomized comparative clinical trials and comparative outcome studies (Elliott, Greenberg & Lietaer, 2004; King et al., 2000; Stiles, Barkham, Twigg, Mellor-Clarke & Cooper, 2006; Bruce & Levant, 1990; Cornelius-White, 2007)
2. Controlled studies (with comparison against untreated controls; Elliott, 2002; Elliott et al., 2004; Bratton, Ray, Rhine, & Jones, 2005)
3. Naturalistic open clinical trials (Elliott, 2002; Elliott et al., 2004),
4. Predictive process-outcome research (Orlinsky, Rønnestad & Willutzki, 2004; Bohart, Elliott, Greenberg & Watson, 2002; Cornelius-White, 2007)
5. Patient preference research (King et al. 2000).

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Each of these five lines of evidence has its own methodological strengths and limitations, but together they provide stronger evidence than any single line of research. For example, it is a long-established scientific fact that randomized comparative clinical trial studies are subject to strong researcher allegiance effects that compromise their conclusions, both generally in mental health treatment research literature (Robinson, Berman & Neimeyer, 1990; Luborsky et al., 1999; Herres et al., 2006) and specifically in the literature on PCEPs (Elliott et al., 2004). On their own, such studies therefore do not constitute a safe basis for deciding health care policy, and must be supported through the use of triangulating evidence.

We are hopeful that PCE will be recognized for insurance reimbursement in Germany and continue to maintain and/or gain appropriate status, protection, and growth in other countries.

By Michael Behr and Jef Cornelius-White

Thanks again to Teresa King,
Graduate Assistant to the Department of Counseling at Missouri State University, for serving as Assistant Editor!

Please write to us with news, comments, suggestions for the future newsletters and information about people, projects and events. Send it to newsletter@pce-world.org



First Announcement

8th World Conference for Person-Centred and
Experiential Psychotherapy and Counselling

PCE 2008: Present Strengths and Future Challenges

Sunday 6th July - Thursday 10th July 2008

Norwich, England

Conference Venue

The Conference will be held on the campus of the University of East Anglia, Norwich, England.

The University is located about three miles from the centre of the City of Norwich
and is situated in 320 acres of scenic parkland, with residential accommodation
close to the main conference buildings.

For further details see:

www.uea.ac.uk/edu/wapcepc

