



**WORLD ASSOCIATION for PERSON-CENTERED and EXPERIENTIAL
PSYCHOTHERAPY and COUNSELING**

**NEWSLETTER
April 2003**

Dear World Association Member

By now, those of you who have paid your 2003 dues should have received your voting papers for the Board of 2003 – 2006. If you have any difficulties, you can find all the information at www.pce-world.org. Please do not forget to vote!

The current Board is also pleased to invite you to the General Assembly of the World Association, which will be held on Tuesday evening, 8 July, in Egmond aan Zee, the Netherlands. If you are unable to attend but wish to vote, please ensure that you give written permission to the person who you wish to vote on your behalf. The first provisional Agenda is given below.

Also in this issue are a PCE Conference update and news from the Editors of the PCEP Journal.

With best wishes
The WAPCEPC Board

General Assembly

First Provisional Agenda

1. Report from the Board and opportunity for questions and comments from the Members.
2. Election results for the new Board.
3. Election of Auditors.
4. Financial statement and budget for the next period.

Proposals

(Full details of the following proposals are given at the end of this Newsletter, from page 8.)

5. Proposal A:
That the conference of the World Association be changed from triennial to biennial with immediate effect, such that the next conference is in 2005.
Proposal B:
That if Proposal A is accepted and there are no conference organisers for 2005, the biennial conferences will commence from 2006.
6. Proposal C:
That the German Association for PCA, GwG, hosts and organizes the PCE Conference 2006 in Germany (Berlin or Munich).
7. Proposal D:
It is proposed that:
 - a) members of the Board should take collective responsibility for the working of the World Association with no individual posts identified;
 - b) any posts such as Chair, Treasurer etc. should be voted for by the membership;
 - c) the current situation be maintained.
8. Proposal E:
That the Board may increase or lower membership dues by up to 20% during the next period (2003-2006).
9. Proposal F:
That if an important matter arises in the period between General Assembly meetings, an email ballot may be held and that:
 - a) 10% of individual or organisational members may instigate such a vote;
 - b) the Board may instigate such a vote.
10. Proposal G:
That the election procedure devised by the current Board be ratified by the Association.
11. Proposal H:
That the Board, or someone co-opted by the Board, should investigate alternative, collaborative, structures for the World Association and report back to the 2006 General Assembly.
12. Open Space. An opportunity to bring ideas, hopes, fears and critiques in relation to our World Association.

Journal News from Robert Elliott, Dave Mearns & Peter F. Schmid

Next issue is in press. The next issue of the World Association's journal, *Person-Centered and Experiential Psychotherapies*, is scheduled for publication about a month from now. With the publication of this issue, we initiate our regular publication schedule of four issues per year. The forthcoming issue is a substantial one, with four regular articles, a review essay, and two book reviews. As with our inaugural issue, the articles once again represent a broad range of work from our tradition, from Germany to the UK to the USA.

Book Reviews in PCEP. We will publish both regular book reviews (generally 1000 words or less) and Review Essays (extended reviews, roughly the same length as regular articles, reviewed like regular articles). If you are an author or publisher or have a book that you would like to see reviewed in PCEP, please contact our Book Review Editor, Martin van Kalmthout (email: M.vanKalmthout@psych.kun.nl).

If you missed PCEP's inaugural issue. By all accounts, last Fall's inaugural issue has been very well received, but we are aware that some World Association members may not have received a copy, possibly because they joined the World Association for 2003 but not 2002. If that is the case for you, you can still order it at a reduced rate, by going to the PCEP website, at: www.pce-world.org/journal.htm.

PCEP to replace conference volume. Looking ahead, we hope that you are as excited as we are about the upcoming triennial PCE Conference in The Netherlands this July. There will be an open discussion on PCEP, so we hope to see many of you in person there, and to hear your comments and ideas for your journal. Furthermore, now that we have our own journal, it is the intention of the World Association's Board that PCEP should replace the conference volumes that have come out of the previous ICCCEP/PCE conferences. This will ensure generally more timely publication of conference papers than has been possible in the past and will reduce the complications and uncertainties of obtaining a new publisher each time. In particular, we are planning to devote two issues of volume 2 primarily to papers from the Egmond aan Zee conference, so if you are presenting a paper there, please consider writing it up and submitting it to us at or soon after the conference.



PCE 2003

6th World Conference on
Person-Centered and Experiential
Psychotherapy and Counseling
July 6-11, 2003
Egmond aan Zee, the Netherlands

PRELIMINARY PROGRAM NOW AVAILABLE AT OUR WEBSITE!

The preparations for PCE 2003 have become in full swing. The Congress Committee received over a hundred proposals for papers, workshops, symposia and round table discussion groups from all over the world (USA, Canada, Australia, New Zealand, Brazil, South Africa, Europe, Russian Federation, Japan and Korea). Some of them are directly related to the conference theme '**Process differentiation and person-centeredness**'. However, many other topics are suggested as well. Here is a selection:

- The person as a dialogical self in dialectical actions
- Developing self-pluralistic perspectives within PCA and experiential approaches
- Therapeutic presence: a precondition, meta-condition or 4th condition in PCT? A cognitive-emotional model of Rogers' person-centered approach
- Interactional work in client-centered/experiential psychotherapy
- Transference as a process aspect
- The therapeutic relationship reconsidered
- Personality relational theme and psychopathology
- Person-Centred Therapy and the role of assessment

- Toward a person-centered position on diagnosis
- When clients have difficulty in being sincere
- Processing shame and vulnerability
- Growth and interpersonal relationships with children and adolescentsLimits in client-centered child- and adolescent psychotherapy
- Non-verbal communication through play and toysThe experience of meaning: how poetry works as a therapeutic medium
- Personal change as evidenced in personal documentsFocus on the body in psychotherapy
- The dialog with the Inner CriticFocusing and acute traumaTrauma, sexuality and body attitudeThe integration of focusing-oriented psychotherapy in the treatment of PTSDNew aspects of dissociationYoung men and self-harmA research perspective on processing with a schizophrenic thought disorder
- Healing effects of empathy on clients suffering from personality disorders
- Emotion inquiries in process-experiential psychotherapy
- How does empathy cure?
- Efficacy of client-centered psychotherapy in the treatment of patients with adjustment disorders
- Difficulties in the treatment of clients with personality disorders
- Intensive analysis of change in single cases of emotionally-focused therapy for depression
- The therapeutic process of a woman with mental disability
- CCT with children with a life-threatening diseasePromoting health with the Person Centered Approach
- A meaning-centered group psychotherapy for cancer patients
- The person-centered approach from an existential perspective
- The psychotherapist as a person: A historical comment.
- The quality of the relationship in person-centered self-experiencing groups
- Groups and nature: a web of connections
- Non-directive, client-centered art therapy
- Helping practices beyond therapy: why, how and when?
- Conflict mediation: A new challenge for client-centered therapists
- The conflicts in psychotherapy with couples: a person-centered approachFace-to-face encounters and computer-mediated communication
- Ethical aspects of counselling and psychotherapy directly over the Internet
- A multi-media program to train difficult therapeutic situations
- Imagination, empathy and role play in counsellor education
- International research project on the quality of training in psychotherapy
- Client-centered psychotherapy in the academic context
- When is a case study scientific research?
- A politicisation of person-centered therapy
- Feminist critical theory and the person-centered approach
- Comparison of Taoistic and person-centered therapistsJapanese spirituality and spirituality in the PCA

As announced before five well known speakers will deliver a keynote address on the conference theme: Les Greenberg (Canada), Dave Mearns (Scotland), Rainer Sachse (Germany), Peter Schmid (Austria) and Hans Swildens (the Netherlands)

We think that PCE2003 will become an inspiring event and an excellent opportunity to meet colleagues from all over the world and exchange ideas. Therefore the Congress Committee very much likes to welcome you in the Netherlands in Egmond aan Zee.
For more details (including the social program and the conference venue) visit our website at: www.med.vu.nl/pce2003. You can register online (members of the WAPCEPC profit from a 50 Euro reduction on the conference fee!).
Don't miss this great event!

Call For Papers

North American Society for Psychotherapy Research

We are delighted to announce the call for papers for the next meeting of the North American Society for Psychotherapy Research (NASPR).

The meeting will be held in Newport, RI, November 5-9, 2003. Blending scholarly rigor and a friendly atmosphere, NASPR meetings provide unique opportunities to present and learn about a myriad of empirical, clinical, and theoretical issues related to psychotherapy.

To learn more about the meeting, as well as to submit presentation proposals, please visit our web site www.naspr.org
The Deadline for submissions is MAY 1, 2003.

We hope you will submit your work and attend the conference.

Louis Castonguay, Lynne Angus , Ben and Judy Johnson
Organizing Committee

Donor Funds

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[WAPCEPC DONOR FUNDS](#)

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Please consider the possibility of creating a donor fund to support colleagues who would like to join the community of the World Association but who are not able to afford the membership dues.

The association already offers membership at a reduced rate but we are unable to do more than that since we are working with a very small annual budget. We know of many colleagues from Africa, Asia, Central and South America and from Eastern Europe who would like to become members and who want to contribute to enrich our world community but who lack the economic resources to join.

Donor funds can start at 500 Euro or 500 \$. You choose the name of your donor fund. For example, you could decide to put it in your name or/and in the name of your institution or name it in honor of a person. If you wish your donor fund can be anonymous. Your donor fund will be posted in the [DONOR FUNDS](#) section of our web site.

Please join this effort to make the World Association accessible to colleagues world wide by

completing the electronic donor fund form on the WACPEC web site. We prefer payment by Credit Card. For more information contact secretariat@pce-world.org or write to WAPCEPC Secretariat, c/o Counselling Unit, University of Strathclyde, Glasgow G13 1PP, Scotland.

If you cannot afford to create a donor fund you can still contribute with any amount of money you wish to share by sending a donation by making a credit card payment using the membership donation form on our web site. Your name and the amount donated will be posted in the **DONORS** section on our web site.

We appreciate very much your support for this project

EXISTING DONOR FUNDS

Name of the Donor Fund:

Alberto Zucconi/ Istituto dell'Approccio Centrato sulla Persona (IACP)- Italy

Description of the Donor Fund: **A 3-year free membership for 20 colleagues from Central and South America, Africa, Asia and Eastern Europe who feel that they are part of our approach, share the purpose of our World Association but lack the funds to join.**

Amount of the donor fund: 2,000 Euro

Applications for assistance.

Colleagues who want to apply for assistance from the donor fund should complete the *Donor Fund Application Form* which can be found on the website. If you know of any colleagues who may be interested, please let them know about it.

Finally..

- **Remember to pay your membership dues for 2003**
- **Send us information about events, developments and publications**
- **Keep us up-to-date with address changes (including email)**
- **If possible, let us have an e-mail address where we can send you information. We hope to use e-mail as much as possible-it is quicker and cheaper than the post.**

Next newsletter: Aug/Sept 2003. Send us news you want to have included, or responses to this newsletter: newsletter@pce-world.org.

We hope to see as many of you as possible in Egmont an Zee

Proposals for the Agenda of the WAPCEPC General Assembly 2003

Proposal A

Proposers: Dave Mearns, Mick Cooper

Text of Proposal:

That the conference of the World Association be changed from triennial to biennial with immediate effect, such that the next conference is in 2005

Supporting Information

Activity within the field of Person-Centered and Experiential Psychotherapy and Counseling is increasing, world wide, year upon year, as evidenced by the large number of papers offered to the present conference six months in advance.

If we are to be responsive to this momentum we need a greater frequency of major conferences. The 'Forum' acts as an important gathering but it does not have the same focus as the Conference. Also, a biennial conference can maintain a more synergetic relationship with the Journal of the World Association.

Conference venues can be decided four years in advance to enable a long planning period, but it is critical that the next conference is in 2005. We cannot have another gap of three years else important momentum will be lost.

Proposal B

Proposer: The Board

Text of Proposal:

That if Proposal A is accepted and there are no conference organisers for 2005, the biennial conferences will commence from 2006.

Proposal C

Proposers: Helga Kühn-Mengel, Paulus G. Wacker

Text of Proposal:

That the German Association for PCA, GwG, hosts and organizes the PCE Conference 2006 in Germany (Berlin or Munich).

Supporting Information

Dear Members of the Board of WAPCEPC,

The German Association for PCA is applying to host and organize the PCE 2006 in Germany (Berlin or Munich).

Our Association is the biggest European organization for Psychotherapy and Counselling, founded in 1970 with c. 4000 members (Psychotherapists and Counsellors).

We are able to start with an organizing team of competent members of our association: Prof. Dr. Jürgen Kriz, University Osnabrück, gladly will coordinate a qualified team.

Our scientific advisory board (Wissenschaftlicher Beirat – GwG) is able and willing to do the scientific work for this Conference. Well known academics for PCA are members of this committee: Prof. Dr. Reinhard Tausch, Prof. Dr. Anna Auckenthaler, Prof. Dr. Inge Frohburg, Prof. Dr. Jürgen Kriz, Prof. Dr. Gert-Walter Speierer, Prof. Dr. Klaus Heinerth, Prof. Dr. Dieter Tscheulin, Prof. Dr. Klaus Sander, Prof. Ursula Straumann, Prof. Dr. Michael Behr, Prof. Dr. Dr. Günter Zurhorst, Prof. Dr. Eleonore Ploil, Prof. Dr. Helmut Pauls.

Finally we have committees for Psychotherapy and Counselling, for ethical problems and for financial affairs willing to support our common work in organizing PCE 2006 in Germany.

We cooperate with different Universities especially with the local University in Berlin (Free University) and Munich (Julius-Maximilians- University).

There is a wide range of cultural experiences on offer in Berlin and Munich suitable for many interests.

In presenting our offer at the GA in Egmond aan Zee, July 2003, we will also propose a global theme for the Conference.

On behalf of the Board of the German Association for PCA (GwG):

Dip. Psych. Helga Kühn-Mengel, MdB, Chair
Prof. Dr. Paulus G. Wacker, Co-Chair
Administration GwG, Cologne, Germany :

e-mail: gwg@gwg-ev.org
Internet: <http://www.gwg-ev.org>

Proposal D

Proposer:

Sheila Haugh, Janet Tolan

Text of Proposal:

It is proposed that:

a) members of the Board should take collective responsibility for the working of the World Association with no individual posts identified;

OR

b) any posts such as Chair, Treasurer etc. should be voted for by the membership;

OR

c) the current situation be maintained.

Supporting Information

The current Bylaws specify the posts of Chair, Treasurer and Secretary and state that these are to be elected from within the Board. If such posts are to be identified, it is possible that the membership might wish to have a say in who fills them. Also, it is possible under current Bylaws, that, as an example, of the 9 people elected, 3 might wish to be Chair and none Treasurer.

If it is decided that the 9 people elected to the Board take collective responsibility, they can still allocate tasks among themselves without formal posts being identified.

Proposal E

Proposer:

The Board

Text of Proposal:

That the Board may increase or lower membership dues by up to 20% during the next period (2003-2006).

Supporting Information

The Board asks to be mandated to fix the dues within a given range depending on the number of members and the costs of the journal.

Proposal F

Proposers:

Janet Tolan, Sheila Haugh

Text of Proposal:

That if an important matter arises in the period between General Assembly meetings, an email ballot may be held and that:

- a) 10% of individual or organisational members may instigate such a vote;
- b) the Board may instigate such a vote.

Supporting Information

At present, there is no provision for decision-making by the membership except at the triennial General Meeting. Nor is there provision for the Board to consult the membership during the interim periods.

Proposal G

Proposer:

The Board

Text of Proposal:

That the election procedure devised by the current Board be ratified by the Association.

Supporting Information

NOMINATION & VOTING PROCEDURE

- The election procedure is based on our *existing* Statutes & Bylaws and will be carried out *before* the Conference & GA.
- The nomination and voting procedure is operational for the elections of the Board in 2003 and will be presented to the General Assembly for amendment or ratification for elections thereafter.

STEPS

1. December 2002: Preparatory activities by the Board

- 1.1. Looking for candidates to be part of the Election Committee (separate from the Board) and appointment of them. This Committee should exist of 3 persons.
- 1.2. Discussion among the Board members on who wants to stay, what tasks they prefer, and who wants to leave.
- 1.3. Asking organizational members for the number of members they have in their organization and for the name of their delegate.

2. Beginning of January 2003: Nominations are invited

(in a Newsletter) by the Election committee.

This invitation (also on the website) includes:

- A survey of the procedure as a whole
- An accompanying letter by the Chair, in which he describes the tasks, the competencies and skills needed, time required, number of Board members who are candidates for a second election, ...
- Invitation of candidates:
 - > they should be paying members (preferably for 2002, and certainly for 2003 by March 15)
 - > each nominee must have a proposer and one seconder who are in current paid-up membership of WAPCEPC
 - > each nominee is invited (Board member nominees included) to make a statement about him/herself (max. 400 words), saying who they are and what they would be able and like to offer the Association if elected.
 - > nominations must be e-mailed in attached file to elections@pce-world.org by 28 February 2003.

3. Beginning of April 2003: Voting letter to all paying members

- Paying members: the list of members (provided by the office) who have paid either for 2002 or for 2003 (by March 15), preferably for both.
- This voting (News)letter (also on website) will be sent by e-mail to all members having e-mail and by postal mail to the others.
- It includes: a survey of all candidates (with their personal statement) and voting instructions.
- Votes should be sent to the address of the Election Committee by e-mail, fax or postal mail before May 15.
- Each paid-up member will have one vote. Organizations will have the number of votes according to membership as laid out in the Bylaws.
- Those nine prospective board members who receive the highest numbers of votes will be duly elected (if

they received a vote of at least 33% of those who sent their votes, individual and organizational members taken separately).

Specific issues:

Voting instructions

The members are allowed to vote for a maximum of nine out of all candidates, but they are told that they can vote for less; if they vote for more, their vote is invalid.

Confidentiality

The Committee will maintain confidentiality. They give to the Board the number of votes on each candidate, but never who has been voting for them.

To guarantee the anonymity still more, the concrete procedure will be as follows: each member receives two sheets (with logo of WAPCEPC), one containing the names of the nominees and a possibility to tick them (without the name of the voter) and one with his/her name and address. These two voting sheets should be the only ballot papers. They should be sent back simultaneously either as two e-mail attachments or as two sheets (fax, postal mail). The committee should separate the two parts before counting the votes without the names. Both packages of sheets should be preserved until six months after the Conference & GA (in case of protest against the results).

Votes of individual and organizational members

The voting sheets of organization members should be marked and kept separately. Those persons who have at least 33% of those voting in both separate groups of members (individual and organizational) are listed in the separate lists. Those (a maximum of nine) with the highest average rank (on the basis of their ranks in *both* lists) are elected.

In case not enough members are elected, the GA can add up to 9 members. People who were nominees for the mailed ballot can candidate again if they wish. Again, to be elected candidates need at least 33% of the individual and organizational votes at the GA (including proxy votes).

4. The results of the ballot will be sent to the Board before June 15 and given at the General Assembly.

- The newly elected Board will take up its duties at the end of the Assembly. Upon their election, the successful candidates will choose the following posts from among their number:

Chair of the Association

Treasurer of the Association

Secretary of the Board

Proposal H

Proposer:

Allan Turner, Janet Tolan

Text of Proposal:

That the Board, or someone co-opted by the Board, should investigate alternative, collaborative, structures for the World Association and report back to the 2006 General Assembly.

Supporting Information

This proposal is not intended to do anything more than suggest an exploration of the issues with PCE organisations throughout the world. **It is not a vote for a different structure at this time.** It may

be that the conclusion of such an exploration would be that the World Association should remain as it is.

At present, the World Association is separate from existing Person-Centred and Experiential associations and organisations. It seeks to attract members who are already members of existing PCE organisations. This means that some functions are duplicated and that individuals are asked to pay dues to more than one organisation and, in many cases, three; their national counselling/psychotherapy body; their national and/or local PCE organisation and the World Association. Many poorer members of our community are unlikely, for this reason, to become WA individual members.

This proposal mandates the Board to contact PCE organisations worldwide and investigate whether or not an alternative structure might benefit practitioners by

- a) linking the WA more closely with existing PCE organisations;
- b) encouraging the formation of PCE organisations in parts of the world where they do not yet exist.