



WAPCEPC

Note from The Chair

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From the Chair-Newsletter July 2007
It is only a year since the PCE Conference in Potsdam and already preparations for the 2008 conference in Norwich are well advanced. The conference brochures have been printed and will soon arrive in your next copy of PCEP. The conference organizing committee has worked very hard on planning and preparation; they have created the space, now it is up to the conference participants to bring life to that space. We hope many members and other interested colleagues will contribute to the conference through their presence and through presenting and sharing their work.

In this past year the Board has concentrated on routine administrative responsibilities such as finances, newsletter production, membership administration and business management of the Journal- time consuming but important tasks. We have also worked with our new webmaster on the redesign and development of the WA website; if you have not yet seen it, please visit and send your feedback. He will welcome it. Administration is important, but it is not our only task; the Board also has a responsibility to facilitate the de-

velopment of the WAPCEPC and to support contact, dialogue and cooperation between associations, organizations and individuals in the field of PCE therapy and counselling on an international level. Following from the discussions in the GA in Potsdam we have now drafted and continue to work on a new proposal to enable the formation of Regional Chapters of the WA. The purpose of Chapters is to support members in different parts of the world in their effort to stimulate awareness and development of the PCE within the context of their culture or specific interests.

Last, but not least: Happy birthday to the WAPCEPC!

This summer the WA is ten years old. In those ten years we have made a start with building a network for communication and connection. In the years ahead, we hope that the WA will be able to continue to bring together PCE practitioners from many traditions and orientations, grow from each other's experience, share PCE work with the world, and offer challenge and solidarity. We need each other, and we can learn from each other.

Elke Lambers, Chair of the WA Board



UNA VENTANA AL MAR X Foro Internacional del Enfoque Centrado en la Persona

El X Foro Internacional del Enfoque Centrado en la Persona que tuvo lugar del 7 al 12 de Mayo de 2007 reunió en Mallorca (España) 262 personas procedentes de 27 países. Mallorca abrió sus ventanas al mar para acoger a tantos participantes en el año en que celebrábamos el 50 aniversario desde que Carl Rogers tuvo la osadía de formular aquellas primeras condiciones necesarias y suficientes para el cambio terapéutico y de la personalidad que, hoy por hoy, tienen más vigencia que nunca en un mundo global en el que las personas nos interrogamos sobre nuestro propio desarrollo y deseamos un planeta más acogedor, más pacífico, más centrado en las personas.

Se presentaron más de 70 trabajos y talleres desde muchos ámbitos: psicoterapia, grupos, educación, crecimiento personal, organizaciones, resolución de conflictos... que fueron una muestra de que el Enfoque Centrado en la Persona está más vivo que nunca y continúa expandiéndose y abarcando muchos campos más allá de la psicoterapia.

Lo más interesante, sin embargo, fue el proceso de construir comunidad desde tanta diversidad. Al principio las reuniones de la comunidad eran casi caóticas: había muchas personas de diferentes edades (¡de 23 a 90 años!) hablando muchas lenguas (parecía la Torre de Babel), todos querían hablar al mismo tiempo y hubo momentos de enfado y angustia. Poco a poco fue ocurriendo algo mágico y maravilloso, aprendimos a escucharnos, a compartir, a resonar y se fue creando un clima centrado en las personas que permitió la cohesión y la interconexión entre todas las personas de nuestra comunidad.

Notamos la presencia de Carl, hacía 20 años de su fallecimiento, pero estaba allí su contribución y su confianza en la tendencia actualizante que operó para facilitar un clima de libertad psicológica que nos permitió compartir y crecer juntos. Y pudimos celebrar el 25 aniversario de la creación de los Foros Internacionales que, a iniciativa de Alberto Segrera, empezaron su camino en 1982 en México. Algunas personas presentes se reencontraron desde este primer foro mexicano y pudieron compartir sus procesos y sus búsquedas incesantes.

El Enfoque Centrado en la Persona sigue vigente y pujante, continúa aportando valores para una revolución silenciosa tan necesaria en nuestro mundo actual y seguimos abriendo ventanas al mar para transitar hacia un mundo más humanizado. En Rusia tendremos una nueva cita en 2010 y allí volveremos a encontrarnos.

Tomeu Barceló

Filósofo

Organizador del X Foro
Internacional del ECP

For English Translation, See page 3!



A WINDOW TO THE SEA

Xth International Forum on the Person-Centered Approach

The Xth International Forum on the Person-Centred Approach took place from the 7th-12th May 2007 in Mallorca (Spain) and brought together 262 people from 27 countries. Mallorca opened its windows to the sea to welcome these many participants, in the year in which we celebrate the 50th anniversary of Carl Rogers' daring formulation of the primary conditions necessary and sufficient for therapeutic and personality change that right now have more validity than ever in a global world where people ask us questions about our own development and at a time when we wish for a more welcoming, more peaceful world, a world more centered on persons.

There were more than 70 presentations and workshops from many contexts: psychotherapy, groups, education, personal growth, organizations, conflict resolution...showing that the Person-Centered Approach is more alive than ever and continues to expand and to embrace many fields, beyond psychotherapy.

However, most interesting of all was the process of building a community out of such diversity. In the beginning the community meetings were almost chaotic: there were many people of different ages (from 23 to 90 years old!), speaking many languages (it was like the tower of Babel), all wanted to talk at the same time- and there were moments of anger and fear. Gradually something magical and astonishing started to happen: we learned to listen to each other, to share, to resonate, and there

grew a person-centered climate that made cohesion and interconnection between all in the people in our community possible.

We felt the presence of Carl, 20 years after his death-but his contribution was there, and his trust in the actualizing tendency that produced a climate of psychological freedom that allowed us to share and to grow together. And we were able to celebrate the 25th anniversary of the creation of the International Forums that started on their journey in 1982 in Mexico, on the initiative of Alberto Segrera. Some people at this Forum had been meeting each other since that first Forum and to were able to share their processes and their incessant explorations.

The Person-Centered Approach remains valid and vigorous and continues to contribute to the values of a the silent revolution that is so needed in our present day world. We continue to open windows to the sea in order to move towards a more humanized world.

Our next meeting is in Russia in 2010- that is where we will return and meet again.

By Tomeu Barcelo, Philosopher
Organizer of the Xth International Forum of the PCA

Translation to English
Courtesy of Elke Lambers

Una Ventana al Mar: X International PCA Forum

Another View through the Window

'A window to the sea' was a fitting image for the Forum on this beautiful island in the Mediterranean: going into another world, which was both enticing and frightening, nurturing and challenging, calming and turbulent. Over 220 participants from 26 countries gathered to share a passion for the person-centred approach in its many different manifestations. The core of the Forum was daily, large community meetings with experiential and theoretical workshops programmed alongside. The key issue around which encounter happened, or didn't happen, was language as the majority of participants were Spanish speaking and this shifted the whole power dynamic away from the predominance of English. We battled out the arising conflicts in the community group with many moments of frustration, pain and misunderstanding. The politics of minoritisation and oppression, the legacies of our histories, the significance of a mother tongue, the value of being heard and understood, the differing emphases placed on verbal and non-verbal communication and the difficulties of responding empathically to each other were all at play. It was an intense experience made all the more moving by the fact that people had travelled half way round the world to experience this coming together.

It was great to have so many workshops presented in Spanish and from Latin America and for people to make such an effort to communicate across language barriers. It was also interesting to see the huge interest in Focusing including the beginnings of the organisation of the first Latin American Focusing conference and a possible Ibero American PCA Association. There was also a heartfelt plea for support from a newly emerging Colombian training centre, which can be contacted on centroparalaper-sona@hotmail.com

The Forum organising group, led by the indefatigable Tomeu Barceló, were amazing in their attention to detail, their commitment and their care. Muchas gracias. It was particularly striking that they were not all therapists but included people involved in social work, education and local politics. The next Forum will be in Russia in 2010 and, having met the host in Mallorca, it looks set to provide another opportunity for nourishing, stimulating and growth-oriented experiences and encounters. Es mi deseo.

By Suzanne Keys,
client-centred psychotherapist, UK.

The 2007 Association for the Development of the Person-Centered Approach in New York

Two weeks ago, about 120 people from over 10 countries gathered to build community, share experiences, and develop the person-centered approach with the help of Sarton Weinraub and the conference organizing team. Highlights for me included presentations by Nat Raskin on his nearly 50 year relationship with Carl Rogers, Jerold Bozarth's indwelling of Rogers' 1959 magnus opus theory statement, and Art Bohart's exploration of how clients make therapy work, the unpredictable but often rewarding community meetings, and the intimate small group encounters. What sticks with me most is the feeling of connection— to be able to look around a room and feel close with and accepted by so many wonderful people. Thanks to all! -Jef Cornelius-White

Ibero-Americano Echoes

By Claudio Rud

The purpose of this communication is to inform the world community about PCA events in our cultural region. The **10th PCA Forum** was held in Mallorca, Spain, from the 7th to the 12th of May. www.pcaforum2007.org There were over 220 participants from many different countries. Tomeu Barcelo and his colleagues did a great job organizing the forum. The presence of Natalie Rogers was special and emotional. The **11th PCA Forum** will take place in three years in Russia (either Moscow or Saint Petersburg) and will be hosted by Veniamin Kolpachnikov.

During the Forum some Spanish and many Latin-American people had a successful meeting where we agreed to start taking steps for the constitution of an Ibero-Americano association. We also agreed to have a web net, which is already functioning: <http://www.egrupos.net/grupo/acpiberoamericano.acpiberoamericano@egrupos.net>

Through this web net we will discuss which country is convenient to be the eventual headquarters, according to the different advantages some countries offer in the form of funds, or financial support from universities and other institutions. We also discussed the making of a publication with articles in Spanish, and with other articles which are being translated from the WA journal, with the authorization of the authors of the papers and the editors of the journal.

Other successful activities included the **3rd Inter-American Counseling Congress**, which took place in Buenos Aires, Argentina, from the 17th to the 20th of April, 2007 and the **Casabierta Encounter**

Group, from May 1st to 3rd
(www.casabierta.com)

The following are the forthcoming activities:

5th Argentine Counseling day-work, September 14th and 15th, 2007.
www.holossanisidro.com

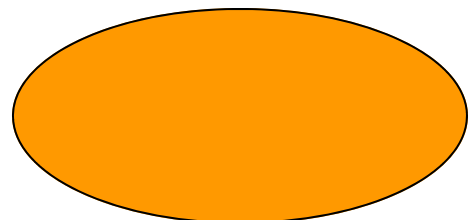
14th PCA Argentine Encounter, October 12th to 15th, 2007.
www.ecpargentina.com.ar

7th Fórum Brasileiro da Abordagem Centrada na Pessoa, October 7th to 13th, in [Nova Friburgo](http://www.novafriburgo.com.br), Rio de Janeiro, Brazil.
www.viiforumacp.com.br

1st Ibero-American Focusing Encounter, November 1st to 4th, 2007. <http://www.encuentroiaofocusing.com.ar/>

Casabierta Encounter Group, November 16th to 18th, 2007.
www.casabierta.com

14th PCA Latin- American Encounter, October 12th to 19th, in Cartagena, Colombia, 2008.
caraballorevol2@hotmail.com



News Briefs

PCE Conference Bursaries

The WAPCEPC has received a generous donation from the Counselling Unit of University of Strathclyde, in Scotland, to be used as a bursary fund for PCE conferences.

The bursaries are offered jointly by the WA and the PCE conference to colleagues from countries from World Bank Categories B-C-D who have a commitment to the development of the PCE through practice, research, training or other forms of professional involvement and who do not have sufficient financial means to attend the conference.

The bursary covers the full cost of accommodation and conference fee.

Detailed information about the criteria for application and the application form can be found on our website www.pce-world.org (page: bursaries) or contact Jean-Marc Randin, our treasurer, at treasurer@pce-world.org.

Thank you, Counselling Unit, for your support and generosity!

STRATHCLYDE CENTRE FOR COUNSELLING AND PSY- CHOTHERAPY Established to Promote Research on Person- Centred and Experiential Therapies

A new research clinic, the Strathclyde Centre for Counselling and Psychotherapy, has been established by the University of Strathclyde's Counselling Unit. Under the leadership of Robert Elliott, the research clinic has two main components, both currently funded by internal grants from the University: First, the Social Anxiety Research Protocol is aimed at developing Person-centred/process-experiential therapies for social anxiety, currently an important area of research development for cognitive behavioural therapies, and one that has been virtually ignored by humanistic approaches. A study group of practitioners and researchers has been working since last October to develop Person-centred/experiential formulations of the experience of social anxiety, its sources, and processes people find helpful and unhelpful in their recovery from this debilitating difficulty. We have now developed a research protocol and are looking forward to seeing our first clients this summer. The second component is the Strathclyde Practice-Based Research Protocol, for use by Counselling Unit staff and post-graduate counselling students. This protocol is a streamlined version of the Social Anxiety protocol, intended for more general use with a wide range of clients and including both qualitative and quantitative data collection formats. Plans are to begin seeing clients in this protocol in September. With all this activity, we are fortunate to have been able to hire Brian Rodgers as research coordinator for both protocols. His varied experience and expertise will prove invaluable for getting these two initiatives off the ground. For more information on these developments, go to: <http://www.strath.ac.uk/Departments/counsunit/research/index.html>.

CALL FOR PERSON-CENTERED PRESENTATIONS

the
5th World Congress for Psychotherapy
October 12-15, 2008
Beijing, China

Several of us are organizing a person-centered track at the 5th World Congress for Psychotherapy in Beijing, China, which is being held October 12-15, 2008. This conference is the most significant forum bringing together practitioners of different schools of psychotherapy in a single world event. We believe that this is a crucial event at which to have person-centered psychotherapies visible in their full richness and quality. In addition, China has recently listed client-centered therapy as an officially sanctioned therapy modality. So, there is great interest in learning more about the actual practice of person-centered psychotherapies in China, and a chance for us to have a lasting impact.

Proposals for workshops or symposia:

Please submit a brief introduction of your proposal with your curriculum vita to us by e-mail by OCTOBER 1, 2007.

Call for papers: Please submit proposals to us via e-mail by DECEMBER 1, 2007. Participants who wish to submit an individual paper may choose between oral presentation sessions and poster sessions. Oral presentations will be limited to 20 minutes (including 5 minutes for discussion).

Submit your proposed paper with an abstract of up to 200 words, and include relevant contact information (e-mail, regular mail and phone). All papers need to be in English for this conference. For more information about the congress, check the conference website at www.wcp2008.org

Please e-mail proposals to the organizing committee at jinwu2@gmail.com .

Jin Wu and Margaret Warner.

Journal News:

Person-Centered and Experiential Psychotherapies

Journal of the World Association for Person Centered and Experiential Psychotherapy and Counseling

Editors: Dave Mearns, Scotland
Peter F. Schmid, Austria
Bill Stiles, USA
Jeanne Watson, Canada

Editor Emeritus: Robert Elliott

Person-Centered and Experiential Psychotherapies has recently published Issue 6.2. Issue 6.3 is already with the publisher and the contents of 6.4 are in hand. With a stronger supply of papers it is easier to maintain the publication schedule which reduces the stress for editors and publishers alike. In Issue 6.2 we started to include Japanese and Portuguese translations of Abstracts. The inclusion of Japanese particularly adds to the appearance of PCEP as a world journal. We have probably now reached the limit with respect to the amount of world language coverage reflected in the translations. There comes a point when the space given to translations begins to squeeze the capacity in the Journal. The translations are maintained by a team of eight Assistant Editors working in pairs with one preparing the initial translation which is then checked by the other. The onus is now more firmly on authors to word their Abstracts in straightforward rather than esoteric language to assist the translators. It is fascinating to see the different ways in which languages present meanings. Eng-



lish, french and particularly German create complex constructions, while Spanish tends towards more direct expressions.

One of our team of Assistant Editors, Julián Lichtman, has announced his retirement from the position. Julián has been with us for all six volumes of the Journal. We wish him well in his work in Buenos Aires and also his partner, Nuri and their imminent first child. The new Assistant Editor with primary responsibility for Spanish translations is Silvia Lombardi of Buenos Aires.

The Board of the World Association have conferred the title of *Editor Emeritus* on Robert Elliott in recognition of his work in establishing and maintaining the Journal through its first five volumes. We will use this continued association with Robert to elicit his help with particular projects, like submitting the Journal for consideration by the Social Sciences Citation Index (SSCI).

Journal News– Continued

We are still looking for a Book Reviews Editor. Anyone interested in discussing this position could contact Bill Stiles.

In 2008, Volume 7 will include a series of Commentaries on the status and future directions of PCE more than 20 years after Rogers' death. These will be short (3,000 word) papers focused on a wide variety of issues. Twelve authors are currently working on drafts and others are welcome. Anyone interested in discussing the Commentaries Project should contact Dave Mearns.

Recently we have been finding a greater use made of PCEP by younger writers during or soon after their Masters or Doctoral programs as a place to publish their work for an international audience. Perhaps there is a wider awareness among supervisors that the Journal operates a developmental policy offering considerable support to authors across a range of language areas. We welcome more of these and any other contributions from authors. Anyone interested in discussing a possible paper should contact any of the editors.

The Journal has a new entry (www.PCEPjournal.com) to its pages on the World Association website. This is a more meaningful entry for the academic public rather than going through WAP-CEPC. It also means that Googling PCEP Journal gives the entry. Details about the Journal, including a new description of the review procedure, are available on the site. Please send any feedback on the site to Dave Mearns who will forward it to the webmaster.

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July, 2007

Thanks again to Teresa King,
Graduate Assistant to the Department of Counseling at Missouri State University, for serving as Assistant Editor!

Please write to us with news, comments, suggestions for the future newsletters and information about people, projects and events. Send it to newsletter@pce-world.org



First Announcement

8th World Conference for Person-Centred and
Experiential Psychotherapy and Counselling

PCE 2008: Present Strengths and Future Challenges

Sunday 6th July - Thursday 10th July 2008

Norwich, England

Conference Venue

The Conference will be held on the campus of the University of East Anglia, Norwich, England.

The University is located about three miles from the centre of the City of Norwich
and is situated in 320 acres of scenic parkland, with residential accommodation
close to the main conference buildings.

For further details see:

www.uea.ac.uk/edu/wapcepc

