

Encounter

The newsletter of the World Association for Person Centered and Experiential Psychotherapy and Counseling



A new name for our newsletter

Welcome to 'Encounter' – the newly named newsletter for the WAPCEPC. This issue contains a wide variety of member contributions, which I hope you will enjoy reading. We are delighted to have received so many articles. Thank you to all of the people who have generously contributed.

We have contributions from Denmark, USA, Romania, Argentina, Belgium, Brazil and the UK. This seems to truly reflect the global nature of our association.

This issue contains announcements about the PCE 2012 conference; the history of the Warm Springs workshops in the USA; experiences of person-centered work in Denmark, Argentina and Romania; an interview with WAPCEPC organizational member, the New York Person Centered Resource Centre and information about web forums for networking and forthcoming international events. Finally, there is a discounted offer for WAPCEPC members for the 'PCE Works' book published by PCCS Books.

I hope that you find this 'Encounter' to be rewarding!

Graham Westwell

WAPCEPC Newsletter Editor

November, 2011

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An invitation to be part of the March 2012 Issue

The newsletter editorial team is enthusiastic for you to share your thoughts and feelings in the newsletter. We would love to hear your ideas, suggestions and opinions. We are interested to hear anything that can contribute to having a more inclusive and attractive newsletter. Submissions should be no more than 500 words.

*Graham Westwell, Lidia Fogliati and Susan Stephen,
WAPCEPC Newsletter, Editorial team*

The deadline for submission is 17 February 2012

newsletter@pce-world.org

25th Anniversary of the Warm Springs Workshop - Georgia, USA *Jerold Bozarth*

The First Person-Centered Workshop at Warm Springs, Georgia took place in 1987. Carl Rogers had died just a week before. The idea of an ongoing workshop was initiated at the first meeting of the Association for the Development of the Person-Centered Approach (ADPCA) in Chicago. The facilitators who were involved were Barbara Brodley, Chuck Devonshire, Nat Raskin, Dave Spahn, Fred Zimring and myself.

These individuals were identified as staff on the brochure and had somewhat varying ideas of what it meant to facilitate a person-centered group. Over the years, there was a shift towards not identifying staff or facilitators. This took place to the point that eventually only my name was on the brochures as the person to whom to send registration forms. The event was in large part emergent. That is, there was virtually no planning and little conventional organization.

I have reached the conclusion from the Warm Springs experience that designated facilitators, workshop format, or the presence or absence of particular individuals are of little relevance. When people feel fundamentally free to be whom they are at the moment, they move in constructive directions, and it is often in the struggle that they find freedom and growth. The relevant question to ask might be, "How is that atmosphere created?" The general answer is, "That the participants are free to be themselves."

Warm Springs is the name of the Georgia town in which the Little White House existed during the administration of President Franklin D. Roosevelt. Roosevelt spent much of the year at the center where he was close to treatment resources for polio. This historical site seems appropriate for the person-centered workshops.



"The participants are free to be themselves..."



Please direct questions and workshop fees due for registration to:

*Jerold D. Bozarth, 1160
Hunting Creek
Lane, Watkinsville, GA 30677.*

*Email:
jeroldbozarth@gmail.com*

Cell phone: 706 540-9136

The specific dates for the March, 2012, Warm Springs Person-Centered Workshop cannot be confirmed until November, 2011. This will be the 25th Anniversary of the program. Due to changes taking place at the Roosevelt Rehabilitation Center, it is possible that Warm Springs will not be the site of the program after this year. So, anyone who wishes to be certain of attending this Warm Springs may want to reserve a spot early.

A certificate that delineates a program of continuing education units will be available. The program is not pre-approved for these by any particular state or association. University sponsored programs have been accepted in the past by Georgia Professional Licensure.



PCE Conferences picture show, 1988-2010 Call for Pictures *Germain Lietaer and Monica Gundrum*

The PCE conference 2012 at Antwerp will be the 10th international conference on Person-Centered and Experiential psychotherapies (the first one was held in Leuven, 1988). As a celebration of these 24 years of PCE meetings and encounters we want to make a show of pictures that have been taken by the participants during these conferences. This survey of pictures will be shown – as a ‘background attraction’ - on a (semi) continuous basis in the room of the conference desk.

We already have lots of pictures (especially thanks to Monica Gundrum), yet we also are still missing pictures, especially from the Stirling 1991, the Gmunden 1994 and the Lisboa 1987 conferences. And as for the other conferences, our pictures are sometimes a bit ‘one-sided’ (i.e. not being fully representative of *all* participants due to the fact that the pictures came from only one ‘photographer’).

Therefore this call for pictures!

We would be very grateful if those among you who have taken pictures at some of these conferences could send us a selection of your pictures (not more than 10 per conference - except for the Stirling, Gmunden and Lisboa conference, from which you may send us all you have).

We will be very careful in sending back to you the material you will send to us

Besides pictures we also would like to receive the **invitational flyers** we do not yet have: the flyers of the conferences in Stirling, Gmunden, Lisboa, Chicago and Egmond aan Zee. You could send us the flyer by postal

mail or send us a scanned copy of it (if possible in colour).

Monica Gundrum will take the lead in constructing the show, with all technical & creative PC aspects involved in it and **Germain Lietaer** will be assisting her in finding and selecting the material).

Digital and scanned pictures can be sent as e-mail attachment. If the attachments are too big, you can share them through ‘Dropbox’ and share the folder with Monica (see page 4 for more details). Another possibility is putting them onto CD and sending them to Monica by post.

When you send analog pictures by post, please put your name and conference year on the back of the pictures. We will be very careful not to lose or mix them and we will send them back to the owners as soon as they are scanned.

We hope you will like our ‘enterprise’ and be able to help us in such a way that each conference and all participating countries are fully included in the ‘show’.

If you have some questions or suggestions, don’t hesitate to contact Monica.

Monica Gundrum
Bergstraat 22
Holsbeek 3220
Belgium
Monica.gundrum@psy.kuleuven.be

WAPCEPC Web Forum New Section on Training Workshop *Beth Freire*

The WAPCEPC web forum was launched in July 2011. We have recently added a new section to the forum: *‘Training Workshops’* so that our members can post free announcements of their training events. The other sections of the forum are: *Research, Theory, Clinical Practice, and Events.* If you would like to get email updates of the messages posted in the forum, you can click in the box ‘subscribe’ so you will know when something new came in without having to go to the website to check.

The creation of this exclusive online forum for the WAPCEPC members was a suggestion and a request made by the membership during our last GA in Rome. The objective of this forum is to facilitate networking and connection among the membership, creating a space where members of the WAPCEPC can exchange ideas, knowledge, and experiences.

Only WAPCEPC members can access the forum, so you would need to log in with your username and password to get access to the forum. Individual members of WAPCEPC subscribing organizations (currently APPCPC, BAPCA, IPS Austria, & VVCEPC) can also register as users in order to access the WAPCEPC forum.

We hope that you’ll enjoy this new facility of the WAPCEPC website and that this will facilitate the formation of a lively and productive network among us.

Here is the address:

www.pce-world.org/forum/index.html



Dropbox is a great way to share files with colleagues. You can use Dropbox to share files with Monica Gundrum for the PCE 2012 ‘Picture Show’ project.

Either click on the logo above or go to www.dropbox.com for more details.



Visit the WAPCEPC website

www.pce-world.org

Reviving Rogers in Denmark

Lisbeth Sommerbeck

From the eighties Rogers had no voice in Danish psychotherapy.

However, I did not lose my Rogerian sympathies from my studies in the sixties and often practiced client-centered therapy (self-taught, self-trained) in relative secrecy, as CCT was regarded as ineffective at best and ridiculous at worst.

In 1999, I came across the cct/pca e-mail network. Because my postings were received with interest my self-confidence increased. The network became teacher, trainer, supervisor and supporter for me, and so did ADPCA, BAPCA and the international pre-therapy-group, which I joined later. This gave me the courage to write an article about Rogers for the Danish Psychology Journal on the occasion of Rogers' 100 years anniversary in 2002. The article included an invitation to others, with an interest in Rogers, to contact me.

A dozen people responded and we arranged a meeting later in 2002. That meeting became the start of the Danish Carl Rogers Forum. We have four regular annual meetings, which are announced in the Danish Psychology Journal and on the forum's website. The website was created by a participant in the first meeting, Allan Becker Larsen. In that way the existence of the forum became better known, and today there are around 60 names on the membership list, and an attendance of 10-20 people at the regular meetings. Pretty good in small Denmark.

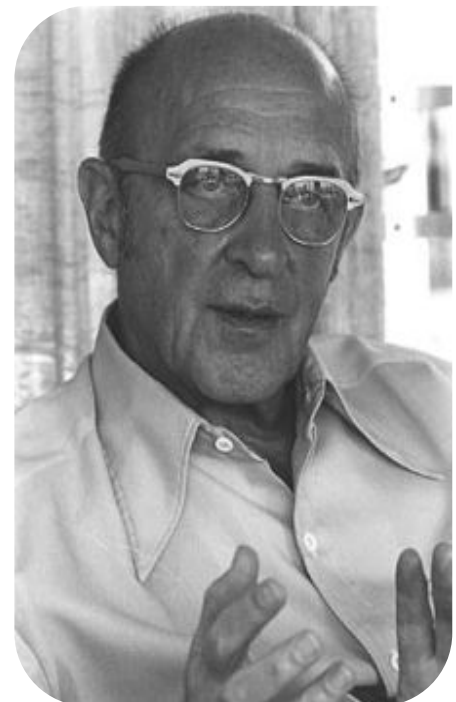
We deliberately chose a name that did not include CCT/PCT/PCA, in order to avoid discussing what these terms mean and do not mean, and to be as inclusive as possible.

The forum has no formal organization, no budget and no statutes. The regular meetings last 3½ hours with a presentation and discussion of the presented, followed by community meeting activities. We've also initiated some larger arrangements. For example, we've twice had Leif Braaten to do two-day workshops with us, including group psychotherapy.

Recently one of the forum participants, Niels Bagge, founded an institute for education and training in PCE therapies, the first of its kind in Denmark.

In 2004 I translated the book I wrote in English (The client-centered therapist in psychiatric contexts, PCCS Books, 2003) into Danish and I wrote an introduction to pre-therapy for the Danish Psychological Journal. The consequence was invitations to lecture and do workshops for psychotherapists of various orientations with no knowledge of Rogers and Prouty. I presented the core conditions as the essence of the therapist's contribution to the common factors in psychotherapy. I did not intend to convince participants to become PCE therapists, but I did intend for them to become more acceptant, empathic and genuine in their practice. One result of this work is an anthology: Acceptance, empathy and authenticity in psychotherapeutic practice: The inheritance from Carl Rogers. It's a heart child of mine, and I look forward to its publication in October this year.

I no longer feel a need to keep secret my sympathies for Rogers. On the contrary, I have met increasing interest for his work in Denmark during the last 10 years, and I am happy that Rogers again has a voice in Danish psychotherapy.



New York Person-Centered Resource Centre

An interview with Sarton Weinraub



Please tell us something about yourself and your group work.

Hello from the New York Person-Centered Resource Center in Manhattan, New York City. We are the only Person-Centered mental health center in New York City, one of only two Person-Centered mental health centers in all of the United States. Being Person-Centered, we hold the work of Carl Rogers as our theoretical foundation that drives all of our clinical practices.

What kind of work have you been doing so far?

Our center offers the full gambit of psychotherapy services to individuals of all ages including: individual, family, and couples psychotherapy. In addition to our fundamental acceptance of Roger's work, our Person-Centered foundation motivates us to question the dominance of the "Medical Model," the usefulness of psychopharmacology, as well as the legitimacy of diagnosis as directed by the Diagnostic and Statistics Manual of the American Psychiatric Association (DSM). Consequently we offer a truly alternative form of mental health treatment here in New York City and we have earned success because of our alternative views.

What have been your most significant achievements?

Our center is becoming known for our alternative perspective that seeks to speak to the needs of New Yorkers who are tired of judgmental diagnosis and directive analysis. Specifically many of our clients come to us after having been through difficult experiences of being judged, diagnosed, or medicated by other mental health professionals. We have become a true asylum where we help our clients recover from the judgment of previous treatments as well as gain the knowledge to slowly come off the psychiatric medications they have been put on. Getting off psychiatric medications does not have to be a difficult process as long as the client is fully participatory, has a self-directed plan, and is aware of and has a plan to address the withdrawal symptoms.

What challenges do you face at the moment?

Our main challenge comes from our small number of practitioners. There are an estimated 10,000 mental health practitioners in New York City. Yet we know of maybe ten individuals who have the Person-Centered training and consider themselves Person-Centered. Most of these individuals are older or were trained in foreign countries. Therefore, we see a serious crisis and lack of awareness in our mental health community of the work of Carl Rogers and of the existence of the Person-Centered Approach.

What are your hopes for the future?

It is our dream to develop a larger Person-Centered mental health center that is authorized to offer post-graduate training to mental health professionals from all backgrounds. There is a huge need for post-graduate mental training yet these centers need to be licensed by the New York State Office of Mental Health and getting that licensure requires a serious financial investment that we are not able to make at this time.

Why are you a member of the WAPCEPC?

We have chosen to maintain organizational membership in the WAPCEPC because we see it as the only organizational body in the world that has the ability to unify and to properly promote Person-Centered ideals. We believe it was the early refusal by American Person-Centered practitioners to participate and promote a national and international body such as the WAPCEPC that has been a major factor in the decline of awareness of the Person-Centered Approach in the United States. We want to see the PCA flourish in the USA and we know the WAPCEPC can help.



PCEP – Call for Papers Special Issue on Incongruence *Soti Grafanaki*

We are inviting manuscript submissions for a special issue of Person-Centered and Experiential Psychotherapies (PCEP) on **Incongruence**.

Incongruence has been a concept little elaborated and studied in PCEP tradition. Defining incongruence has been a controversial and difficult task.

This can be partially attributed to the difficulties involved in the direct observation of internal experience and the lack of accurate methods for evaluating and assessing the mismatch/distortion between organismic experience and awareness.

Incongruence has been usually seen as a negative trait, state or attitude, which creates misunderstanding and hinders therapeutic change. Incongruence has been surrounded by many negative connotations: a sign of vulnerability, maladjustment, defensiveness, lack of awareness, unintentional withholding of inner experience, falseness or even deceit and distortion of the true response. Therapist incongruence has been considered a factor that can negatively impact therapeutic outcome.

Very little is known about the personal, interpersonal and intrapersonal elements that affect the experience and manifestation of incongruence in a therapeutic encounter.

The goal of this special issue is to promote better understanding of this concept, its manifestations during therapy and effective resolution.

We are inviting articles that go beyond what has already been written on this topic. Papers that provide relevant information for practitioners and allow us to expand our understanding of what triggers or brings up incongruence in a therapeutic encounter and how clients and/or therapists experience and deal with such moments.

We would encourage the report of new qualitative or quantitative data and measures that have looked into this concept and welcome any new theoretical formulations and models.

Submissions from the various schools of PCE are highly encouraged.

All papers will undergo the usual peer-review process for PCEP articles, so revisions may be requested, and acceptance of your paper cannot be guaranteed.

Soti Grafanaki will be the guest editor for this special issue. She can be contacted at sgrafanaki@ustpaul.ca for more information. Please circulate this invitation to anyone you think might be interested.

Articles should be sent by **15th January, 2012**, with no more than 6000 words (including references).

All submissions should be made online at PCEP's new ScholarOne site <http://mc.manuscriptcentral.com/rpcp>



What Client-Centered therapy meant to me all these 10 years

Florentina Palada



This autumn we celebrated ten years since establishing the Romanian Association of Person Centered Psychotherapy. It's an important moment for the Person-Centered approach in Romania. Moreover, it's a special moment for me.

What brought me these ten years? First of all, plenty of amazement. I felt that I was getting closer and closer to my real self. My greatest accomplishment was that I learned to become more present in my life. I've gradually realized that my way of perceiving reality is oriented towards the particular rather than a global approach. I've therefore needed a long practice to educate myself to broaden my perceptive field.

It was most important to discover how things go in relationships. In an one-on-one relationship it's much simpler to stay connected to what happens, although even then things go on quite fast and I often wonder how much do I grasp and what do I miss.

However, things gets much more complicated when the interactions are more complex, like in family or in a group. To grasp what floats around right then really requires effort and *presence*, especially when raising children, when it's your role as a parent to understand and to symbolize what happens. I speak about my parenthood because since ten years ago I'm also a parent of two wonderful children.

In interacting with adults I'm preoccupied by the idea of "in between", that empty space that is subsequently filled by two people communicating. What two persons do when they meet? Who starts? What one says? What one wants? Does he want something? Does he listen? Is he aware that space is for both of them, or does he fill it alone? Does he want to be the only one that's listened to? Does one perceive reciprocity? Is he attentive to what he arouses in the other? (I've done this also starting from the understanding of how I usually get into such interactions). What about several people?

Now, 10 years after discovering Rogers, his conditions that I became capable of offering to myself – and thus becoming capable of offering them to others – I feel like it never was different. In order to get back in contact with who I was years ago, before becoming congruent with myself, I have to force myself to concentrate. It's like something slowly sneaked upon my life, starting to produce domino effects.

It's not always easy to have it that way. There are things that upset you, that make you suffer or that disturb you for a while. But the way they slowly resettled brought me many satisfactions, professionally as well as in my family life.

Periodically, I acknowledge all these things and I feel happy that I had this chance. It's like I've discovered a new language the others don't know yet, but they are surprised and delighted when I use it to talk to them: the language of feelings.

Florentina Palada
Person Centred Psychotherapist, Bucharest, Romania

W O R K I N G W I T H

ANXIETY

F R O M S Y M P T O M T O S E L F

10th Conference

of the World Association for Person Centered and Experiential Psychotherapy and Counseling

July 8 - 12, 2012 - **Antwerp, Belgium - WWW.PCE2012.BE**

Conference theme

Working with anxiety: From symptom to self

Anxiety is a central phenomenon in human existence. A healthy form of **anxiety** has a positive and stimulating impact on personal growth, while a sickening form of it can have a hindering or blocking impact on psychological development and self-actualization. The blockages may manifest themselves in diverse domains of human functioning: the self (incongruence between self-concept and organismic valuing), the experiencing process and emotional processing, interpersonal relationships and existential issues.

Anxiety is a part of the experiencing of most, if not all, clients in therapy. As therapists we sometimes meet **anxiety** in our clients as a healthy emotion, but most of the time as an obstruction to change in the diverse problems clients are wrestling with. Clients' process-blocking ways of relating to **anxiety** may refer to being overwhelmed by it as well as to avoiding it. The different manifestations of **anxiety** or anxiety-avoidance call for different ways of responding to them, dependent on the specific process difficulties involved.

Call for papers

We invite our clinicians to make a contribution to the conference, inspired by their specific therapeutic practice, whatever their setting is, their socio-cultural context, the type of clients they are working with and their theoretical point of view. We equally invite all researchers, theoreticians, trainers and supervisors to involve themselves in depth in the conference topic and to present at the conference their findings and new insights relating to anxiety. We hope to foster an exciting exchange of ideas. Of course, presentations on other topics are also most welcome.

If you would like to submit a proposal for a paper or a workshop, please find the application form on our website www.pce2012.be.

Abstracts should be sent to the Scientific Committee before 10/01/2012.

Organization:

Local Organizing Committee: Lisbeth Neven (Chair)

Scientific Committee: Germain Lietaer, Greet Vanaerschot, Nele Stinckens, Kurt Renders, Roelf Jan Takens (delegate of WAPCEPC)

Paul Dierick, Pieter Goetvinck, Ellen Gunst, Myriam Jennen, Claude Missiaen, Suzy Vandermeeren, Marijke Vandervoort, Siebrecht Vanhooren, Lieve Van De Wiele, Ellen Van Diest, Nils Verbeeck

Organised by

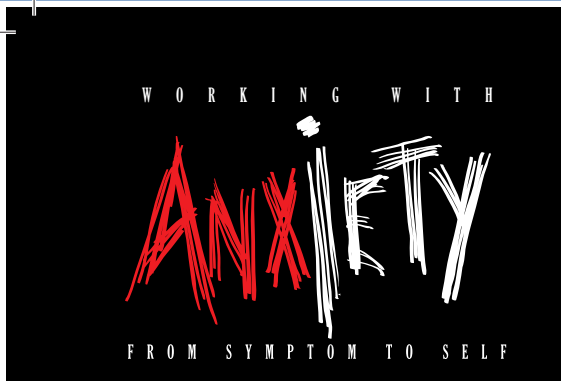


Vlaamse Vereniging
Cliëntgericht-Experiëntiële
Psychotherapie & Counseling
vzw

In collaboration with



For further inquiries concerning the conference: see the website www.pce2012.be or contact the conference secretariat: pce2012@vncepc.be.



10th Conference

of the World Association for Person Centered and
Experiential Psychotherapy and Counseling

July 8 - 12, 2012 - **Antwerp, Belgium**

Program outline:

Keynote speakers:

8th July: **Greet Vanaerschot.** Working with interpersonal and intrapsychic anxiety through the therapeutic relationship.

9th July: **Robert Elliott.** Working with anxiety in PCE psychotherapies: Theory, research and avenues for practice.

10th July: **Dagmar Hölldampf.** Children with anxiety problems: PCE perspectives.

Marcel Schmeets. Neurobiology and anxiety: Implications for psychotherapy.

11th July: **Jim Iberg.** Working with anxiety: A focusing-oriented approach.

12th July: **Plenary endpanel** (with plenary speakers, discussants and audience). From symptom to self: Issues for further debate.

Registration starts on Sunday 8th July at 14.00h and the first plenary session is at 20.00h. The conference ends on Thursday 12th July at 12.00h with good-bye drinks and lunch.

The program will include several types of presentations: **panels, papers, workshops, round table discussions** and **Pecha-kucha**. The latter is an innovative and unconventional type of presenting one's ideas: one gives a brief and focused powerpoint presentation using maximum 10 slides, telling the essence of one's story in less than seven minutes.

An open encounter group will take place every day during the course of the conference.

A broad offer of social activities will be organized along the conference: a welcome reception on Sunday evening, optional excursions in the beautiful and culturally rich town of Antwerp on Tuesday afternoon, dinner and dance party on Wednesday night and some special surprise-acts.

Conference Venue

The City Campus of the University of Antwerp (Kleine Kauwenberg, 2000 Antwerpen) is situated in the historical city centre. The different (6) hotels (***) and *****) are located in a few steps away from the meeting venue (5 to 20 min.), all located in the historical centre of the city. The social evening will take place in a beautiful 'Art nouveau' room, named: 'Horta', and is located in the middle of the shopping area.

Conference Fees

Early booking fee (before 31/01/2012) :

WAPCEPC-members	550 €
Full fee	600 €
Trainees (long term course for client-centered and experiential psychotherapy)	275 €

Registration after 31/01/2012:

WAPCEPC-members	600 €
Full fee	650 €
Trainees (long term course for client-centered and experiential psychotherapy)	300 €

Registration fee includes :

- admission to the conference
- all lunches
- All dinners, except on Tuesday (free afternoon with cultural program) and on Wednesday (social evening) (for those activities separate subscription is needed)
- coffee/tea breaks two times a day
- free use of water drinks in the conference room.

PCE2012 VZW, maatschappelijke zetel: Rubensstraat 7, 2640 Mortsel V.U.: Greet Vanaerschot

Focusing Institute International – Spanish Forum

Kye Nelson

El Instituto de Focusing ha establecido una lista de discusión en español, un Foro en español, y queremos estar seguros de que usted sabe sobre él, en caso de que desee suscribirse.

Es un placer para nosotros ofrecer esta lista de discusión, abierto a cualquier persona que quiera conectarse con otros Focusers de habla hispana. Estamos ofreciendo este foro para todas las personas que no dominan el Inglés pueden hablar unos con otros con facilidad, compartir experiencias y desarrollar proyectos conjuntos. Esto incluye a las personas que hablan español como primera lengua, y también cualquier persona que hable español como segunda lengua y también le gustaría estar conectado con el mundo del Focusing en habla hispana.

Si considera útil esta lista y no es todavía un miembro de The Focusing Institute, por favor considere unirse. Nos encantaría tenerlo con nosotros!

Afectuosamente,
Kye Nelson.
Co-directora del Focusing Institute Internacional en New York.

Dear Spanish Speaking Focusing Community,

The Focusing Institute International, has created a Spanish discussion list- a Spanish Forum- , and we want to make sure you know about it, in case you would like to subscribe.

It is a pleasure for us to offer this discussion list, open to any person who would like to connect with other Spanish speaking Focusers. We are offering this Forum for all the people who do not speak English, so that they can talk with each other easily, share experiences, and develop projects together. This includes persons who speak Spanish as their first language, and also any other person who speaks Spanish as a second language or any other language familiar with Spanish, who would also like to be connected to the Spanish speaking Focusing world.

If you consider this list useful and you are not yet a member of The Focusing Institute, please consider to join us. We would love to have you with us!

Warmly
Kye Nelson
Co-director of the Focusing Institute International in New York.



Please visit this page to subscribe to the list:
www.focusing.org/lista-espanol

Forthcoming Events 2011 - 2012

2nd Focusing-Oriented Psychotherapy Conference (E)

Date: November, 9-13, 2011

Place: Stony Point, New York, USA

Info: www.focusing.org

GwG-Fachtag - Personzentrierte Psychotherapie: Neue Entwicklungen und wertvolle Außenimpulse (D)

Date: November, 26, 2011

Ort: Frankfurt a. Main, Germany

Info: www.gwg-ev.org

VI Encuentro Nacional Centrado en la Persona (S)

Date: December, 12-18, 2011

Place: Villavicencio, Columbia

Info: centroparalapersona@gmail.com

Facebook: [centro para la persona](#)

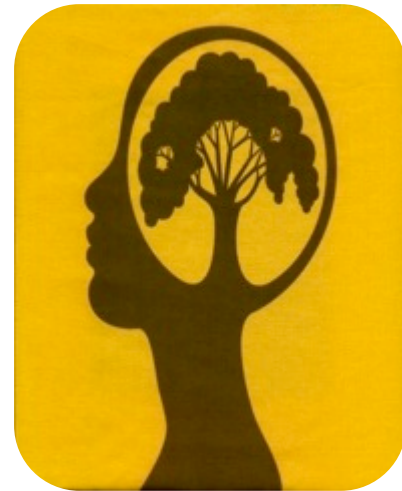
Blog: centroparalapersona.spaces.live.com

II Portuguese Person Centered Approach Congress (P)

Date: February, 24-25, 2012

Place: Lisbon, Portugal

Info: congresso@appcpc.com



AFPC Belgium Lecture (F) *La pratique de l'ACP à travers la rencontre de différents clients dans des contextes de travail divers. Partage et réflexions à partir de la lecture du livre de Muriel MAZET : Des mots pour vivre. Accompagner par l'écoute*

Date: March, 17, 2012

Place: Brussels, Belgium

Info: AFPC Belgium; Tel (+32)27799041; claire.demaret@skynet.be

4. Internationale Fachtagung für personzentrierte Kinder- und Jugendlichenpsychotherapie (D)

Entwicklung im Fokus – Das personzentrierte Verständnis von Veränderung

Date: April, 21-22, 2012

Place: Zürich, Switzerland

Info: www.kindertherapietagung.ch

AFPC Belgium Lecture (F) *Les angoisses existentielles/la liberté*

Date: April, 28, 2012

Place: Brussels, Belgium

Info: AFPC Belgium; Tel (+32)27799041; claire.demaret@skynet.be

Forthcoming Events 2012 - 2013

PCT Scotland 25th Anniversary Events (including International Encounter Group, June 30-July 1) (E)

Date: June, 29, - July 1, 2012

Place: Glasgow, UK

Info: www.pctscotland.co.uk; Caroline Hickson, 2012encounter@gmail.com;

PCE Conference 2012 (E): Working with anxiety: From Symptom to Self

Date: July, 8-12, 2012

Place: University of Antwerp, Belgium

Info: pce2012@vvcepc.be

XVI PCA Ibero-American Encounter

Date: October, 14 – 20, 2012

Place: Valparaiso, Chile

Info: www.ecpchile.2012.cl

XII International Forum for the Person-Centered Approach (E)

Date: May, 26, - June, 1, 2013

Place: Praia das Fontes, Brazil

Info: forumpca2013@gmail.com

Online manuscripts – PCEP Editors announcement

We are pleased to report that our journal has now moved to the new electronic production and submission system of Taylor and Francis. With this, our journal will be among the high level journals which use such an advanced technology and provide superior services for authors, reviewers and editors. We, the editors would like to encourage everyone to try this out by considering submission of a paper:

<http://mc.manuscriptcentral.com/rpcp>

Acerca de los Encuentros Argentinos del Enfoque Centrado en la Persona.

A poco de recuperar, luego de los años de dictadura, donde el silencio era “salud”, el agruparse prohibido y del pensar *ni hablar*, la imperfecta, pero esperada y esperanzada libertad de la democracia, pudieron nuestros Encuentros Argentinos comenzar a tener lugar. Y desde entonces, sostenerlos, nunca dejó de ser trabajoso, peligrando a veces hasta el punto de su extinción siempre temporal.

La economía, rivalidades institucionales, “luchas” intestinas por reconocimiento de las actividades u organizaciones, se constituían entre otros, como motivo.

Transcurrido un tiempo, *nos* y *los* extrañábamos y algo sucedía y como siempre, esfuerzo mediante, allí estaban nuevamente.

En este devenir interrumpido, que se enciende y apaga, que se interrumpe y prosigue, sin periodicidad pre-establecida, ni frecuencia previsible, llegamos hasta el 2009; período donde nuevamente transcurríamos sin ellos, “nuestros Encuentros”. Por lo que resolvimos reunirnos en torno a unas Jornadas de Reflexión, en un espacio donde desarrollar y construir significados del suceder, individual y colectivamente. De menor exigencia organizativa y de menor compromiso económico y temporal, pudimos reunirnos a pensar en lo que nos estaba sucediendo e incursionar incluso en los “porqué”. Juntos, buscábamos y construíamos entonces significados posibles.

Allí estábamos, encontrándonos, reconociéndonos en el espacio de encuentro, disfrutándonos y riendo juntos de viejas anécdotas compartidas. Todo era goce, disfrute, diversión y alegría; allí fue donde justamente pudimos descubrir, que de lo que estábamos seguros, era de querer recuperar el espacio de nuestros Encuentros.

Y aquí estamos hoy. Trabajando para que así sea. Siempre con mucho esfuerzo. En estas latitudes todo es con mucho esfuerzo, pero siempre también tenemos la capacidad de afrontar y resolver. Acostumbrados a no sentirnos nunca plenamente seguros de tener la entera libertad de tripular nuestros destinos, tomamos recaudos, esperamos, vemos, evaluamos, y así diferentes temores, diferentes dificultades, nos hacen navegar la incertidumbre del resultado, de la asistencia y aún de la concreción. Pero nos reconocemos continuando, avanzando y logrando.

Hoy y en libertad, seguimos dispuestos a esforzarnos para el encuentro por el goce y enriquecimiento posterior del que no dudamos.

Vaya mi alegría por la esperanza, que imagino otros conmigo albergan, de estar acompañando una vez más, el despliegue de un Nuevo Encuentro Argentino.

Lic. Silvia Jáuregui

Organizadora del XVI Encuentro Argentino del Enfoque Centrado en la Persona: “Celebrando los Encuentros Argentinos”. 27 al 30 de Octubre, 2011. Mar del Plata. Argentina.



Something about PCA Argentine Encounters

After years of dictatorship - where silence was “health”, to gather was forbidden and to think was dangerous - the imperfect, expected and hopeful freedom of democracy was recovered in 1983. It was then that our Argentine Encounters began to take place. From then onwards, it was never an easy task to keep them going; at times they were on the verge of extinction.

The economic situation in Argentina, institutional rivalries and struggles for the inclusion of activities or organizations, were some of the reasons. However, after some time, we began to miss the encounters, and something occurred to ensure that, not without effort, we had our encounters again.

In these intermittent circumstances, without a pre-established sequence, we went as far as 2009. We decided to have two days ‘reflection’ meetings, so as to build new individual as well as collective meaning.

With little organizational demands and less economic and time commitment, we were able to meditate on what was happening to us and to ask ourselves “why”. Together, we were looking for possible answers.

There we were, in contact, connected to one another, recalling anecdotes of the past and laughing at old shared stories. It was all joy and fun. There and then we realized that we all felt sure we wanted to recover our encounters.



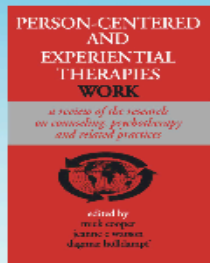
And here we are today, working hard for the next encounter to take place. It always demands effort. In this part of the world everything demands effort, but we have developed the capacity to face problems and find solutions. Since we are never too certain of having the freedom to guide our destiny, we take precautions, we wait, we evaluate.

We cope with fears and difficulties, which make us navigate the uncertainty of the result, and even make us doubt that the encounter will become a reality. But we recognize ourselves moving forward and achieving our goals. I share my joy and hope with many others, to celebrate, once more, a new Argentine Encounter.

Lic. Silvia Jáuregui.

Organizer of the XVI PCA Argentine Encounter: “Celebrating the Argentine Encounters”.
October 27th-30th, 2011. Mar del Plata. Argentina.

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