

# Encounter

*The digital newsletter of the World Association for Person Centered and Experiential Psychotherapy and Counseling*



Welcome to the March 2013 issue of 'Encounter'.

This issue contains a piece about the PCE Europe newsletter, and another piece about the 6<sup>th</sup> BAPCA Conference.

This issue also includes a piece written by the XII International Forum organizing group.

Iguaraya Morales has written an article on the PCA in Venezuela.

Gerárd Mercier has written a piece on his research on the French Adaptation of FRBS (Feeling, Reactions and Beliefs Survey).

Kate Hayes has written about changes to counseling in England. This issue also includes a call for papers for two special issues of PCEP: one on Pre-Therapy and another on PCE group psychotherapy.

An experience with a pottery group in a prison unit in Buenos Aires, has been written by Viviana Rey, a PCA therapist and Cecilia Rosón, a pottery teacher.

There is also an updated events calendar.

William Nash makes an invitation to complete an on-line questionnaire on how practitioners understand PCA psychotherapy and counseling.

And we have the announcement of the members of the Scientific Committee.

I hope that you find this 'Encounter' issue to be rewarding!

**Lidia Fogliati**

*WAPCEPC Newsletter Editor*

## March, 2013

PCE Europe Newsletter	2-3
6 <sup>th</sup> BAPCA Conference	4
PCE in Venezuela	5-6
FRBS French adaptation research	7-8
XII International Forum	9
Changes to counseling	10-11
Forthcoming events	12
An experience with a pottery group in a prison unit	13-15
PCEP Special Issues	16-18
Understandings of the term "Person-Centred"	19
Scientific Committee	20

## An invitation to be part of the June 2013 issue

The newsletter editorial team is enthusiastic for you to share your thoughts and feelings in the newsletter. We would love to hear your ideas, suggestions and opinions. We are interested to hear anything that can contribute to having a more inclusive and attractive newsletter. Submissions should be no more than 500 words.

**Graham Westwell, Lidia Fogliati, Susan Stephen and Iguaraya Morales, WAPCEPC newsletter editorial team.**

**The deadline for submission is May 20<sup>th</sup>, 2013**

[newsletter@pce-world.org](mailto:newsletter@pce-world.org)

## PCE Europe Newsletter, February 2013

As the 'new' board of *PCE Europe* consisting of 6 female board members (from Scotland, Greece, Germany, Netherlands and Czech), we have started our activities since September 2013 to continue the achievements of *PCE Europe* over the past years.

Our concrete activities started with the round table conference at the PCE World Conference in Antwerp in July 2012. Important outcomes of the conference were the wish to be connected with other therapists from the person-centred approach, to share experiences and feel supported in a network.

*PCE Europe* has recently been actively involved in the start of the European Association of Counseling (EAC) with defining their statutes and conditions for membership of the EAC. Also during the past months our website has been updated with new information, we reviewed the certificate application process to make it run more smoothly and our first *PCE Europe Newsletter* has been sent to the member organizations throughout Europe early February 2013 as a first step to implement the outcomes of the round table conference.

Good news is that *PCE Europe* is still growing and has several new member organizations.

Upcoming activities are the following: updating membership information on the website, filling the activities calendar and review the training standards for the trainer certificate.

Greetings from the *PCE Europe* Board!

Angelique Timmerman, chair  
Clair Higgon, treasurer, vice-chair  
Sylvia Rasch-Owald, certificate committee/ EAP  
Simone Anderhub, EAC, co-treasurer  
Daniela Roes Siffelova, webmaster  
Pat Helsen, PR, contact membership 2

### *Highlights of our first Newsletter earlier this year were:*

- A summary paper on the PCE Europe Roundtable discussion which was held during the PCE World Conference in Antwerp from 8-12 July 2012.

*The roundtable discussion was based on the results of a recent questionnaire sent to European member organizations of PCE Europe to establish an overview of the current situation in Europe of the Person Centred and Experiential Approach.*

*The main themes and proposals arising from the discussion were: 1) Range and scope of PCA, 2) PCA Identity, 3) Promotion and connection, 4) how encounter can help and 5) How PCE Europe can reach its members.*

## PCE Europe Newsletter, February 2013 (cont)

- Key notes on the Congress for Humanistic Psychotherapy – Unity and Diversity which took place in Berlin on 12-13 October 2012.

*Sylvia Rasch-Owald provided an overview of the background and aim of the congress as well as the activities that took place.*

*Which activities are planned in your country and / or by your organization??*

*Would you like to share this??*

*Please do share in the following format and we will post it on the PCE website*

*Title of the event:*

*The location of the event:*

*The date of the event:*

*The presenters:*

*Contact email or telephone number:*

*Language of the event:*

## 6<sup>th</sup> BAPCA Conference

Dear WA Members

The British Association for the Person-Centred Approach (BAPCA) is holding its 6th Conference on 15th - 18th August 2013. The event promises to be a thrilling occasion with speakers from across continents coming together to share ideas and thinking.

The conference will be held at the Royal Agricultural College, Cirencester in the UK. We have a very broad theme, *Growth and the Person-Centred Approach: A system for individual and social change*. We are keen to explore the contribution of the PCA in the world today.

There will be a host of workshops and presentations and a number of invited keynote speakers. Art Bohart, Stephen Joseph, Gillian Proctor, Peter Schmid and Lisbeth Sommerbeck have all accepted invitations to address the conference. In addition we have workshops that will focus on a wider range of topics and themes and so far we have presenters from the USA, UK and other European countries. We would love to have participants and delegates from other parts of the world too, so please come if you can.

For information and booking forms for the conference go to:  
<http://www.bapca.org.uk/events/bapca.html>

For more information about submitting a paper of a workshop contact David Murphy on [research@bapca.org.uk](mailto:research@bapca.org.uk).



## The Person-Centred Approach in Venezuela

### Iguaraya Morales

Rogers' ideas arrived in Venezuela around 1965 with Miguel Martínez, a Salesian priest trained in the Person Centred approach (PCA) in Rome, Italy. After his arrival, he started applying the approach within the catholic community. In 1967 Dr. Martínez joined Alejandro Moreno, another Salesian priest who both established the Salesian Center for Counseling, an institution dedicated to counsel youngsters who were priest candidates using the approach. Afterwards, Dr. Martínez in 1972 founded the Psychology Department at the Simón Bolívar University teaching and training Psychology students in the PCA. In the meantime, Dr. Moreno founded a Research Center dedicated to study the common and ordinary Venezuelan people episteme trough life-story telling research technique where the Person- Centred attitude of the researcher involved in the research as a "life-story telling co-builder" has been emphasized. Both researchers although internationally well recognized, have been working mainly in Caracas the capital city of the country which Rogers even himself visited invited by a Jesuit priest Julio Velilla at the Andrés Bello Catholic University in the mid seventies.

I studied Psychology at the Rafael Urdaneta University in Maracaibo and its program had a very equilibrated way to teach different kinds of therapeutic approaches including the PCA; but progressively due to the orientation of the professors hired by the university, the cognitive-behavioral approach became the main tendency to be taught.

By the time I graduated in 1986, there were no Clinical Psychology Master programs in Maracaibo. In 1991, I was awarded a scholarship from a Harvard University Foundation to go to USA to work on my Master Clinical Psychology degree. I was sent to California State University, Dominguez Hills where I met Dr. Arthur Bohart who taught me more in depth the PCA.

After my return to Venezuela I continued doing my private practice, but inspired and guided by Rogers' ideas.

Working on my PhD program, Dr. Martínez and Dr. Moreno were my mentors and my doctoral dissertation tutors. I was needing to review extensively and deeply the approach and since there were no references available, I became a member of the WAPCEPC in 2007 in order to receive the journal and updated information.

As the Chief of the Behavioral Sciences Department of Medicine at the Zulia State University, I have worked toward introducing the PCA into two different undergraduate courses: Social Sciences and Medicine Psychology for Medicine students to apply the Person Centred prospective in their practice. Also, I was asked to participate representing and teaching the approach at the Venezuelan Psychotherapy Association. Later on, I was invited to introduce the approach to the Psychiatry graduate program of the Zulia State University and from there it became a part of the program.

## The Person-Centred Approach in Venezuela (cont)

As a Clinical Psychologist working in preventing mental health programs for the government in public settings, I have facilitated the approach to parents of public primary school children, trained high school professors, school counselors, psychologists and social workers.

Teaching at the Rafael Urdaneta University Master Program, I realized that participants little knew about the PCA. On the other hand, Lacanians, Transactional Analysis and Gestalt had their own training groups as alternative choices; but there was nothing available regarding the PCA. Therefore, I founded the Venezuelan Institute for the PCA where a three level training program was designed: the first level dedicated to the theory from the original Rogerian ideas to the current development of those ideas. The second level is dedicated to case supervisions and the third level, which has not been reached yet, to research.

The interest in the approach has been growing and there are many participants who are interested in becoming part of the WAPCEPC; but due to the foreign currency exchange controls by the government it has been difficult to work around paying the membership fees. I will keep looking for a solution to this issue. My goal is to increase the interest in the PCA in Venezuela, participate in the development of the approach, carry on joint research projects with other countries and keep in contact and exchange experiences with the international PC community.

## Initialization of relative research on the French Adaptation of FRBS (Feeling, Reactions and Beliefs Survey) by D.Cartwright.\*

G rard Mercier. February, 2013

At a time when therapeutic approaches are being called up by evaluative authorities to publically show grading elements of their effectiveness, the Person Centred Approach needs to produce a tool that is congruent to itself: not to subject to a summative, external and quantitative evaluation, while showing its effectiveness according to a formative and processual evaluation.

After several years of effort translating the questionnaire FRBS (Survey on the feelings, reactions and beliefs in French) by D. Cartwright, provided by Professor H ger from Bielefeld University from the German, and the standardization of scales, I can finally put forward a tool of which the assured accuracy and selectivity allows me to proceed with the first clinical trials with clients.

I will briefly recall the initial construction of the tool: 9 standardized scales converted into 135 questions with responses of 1 (being the most) and 5 (being the least), keys of concepts and assertions coming from Roger's writings, all leaning towards the theoretical perspective of the capacity of a client to evaluate their own process (notably from Rogers. R. Carl (1961) On becoming a Person). The 9 scales are:

- Focusing Conscious Attention (FCA)\*\*.,
- Openness to sensations/feelings in relations (OSR)
- Fully functioning person (FFP)
- Feeling uncomfortable with people (FUP)
- Feeling ambivalent in their relations (FAR)
- Struggling with feelings of inferiority (SFI)
- Trust in self as an Organism (TSO)
- The transcendental power (TPM) or Openness to Transcendent Experiences (TSO)
- The Spiritual Nature (SPI)

## Initialization of relative research on the French Adaptation of FRBS (cont)

Gérard Mercier. February, 2013

I proceeded with two standardizations with N=150 questionnaires gathered from individuals from the average minimum age of 16 years old. I checked that they were by no means in experiential training (according to a very large spectrum i.e. coaching, relational help practitioner) nor in therapy. After checking the selectivity and the accuracy of the scales by using the software programme SPSS (Statistical Package for Social Science), this was followed by a second sampling of N=40, to standardize the reference of questions.

This allowed for a good robustness of scales. The aim/goal of this formal approach is to have a tool in place in France, capable of documenting the effects of Client Centred Therapy on the elevation linked to aforementioned scales , at the start of an evaluation in the beginning of therapy, then 3, 6 months after that. Today the first clinically acquired results concern evaluation at the beginning of therapy and will call subsequent publication of results in 6 months.



## XII International Forum and the X Brazilian Forum for Person Centered Approach

From May 26th until June 1st of 2013, the Villa Galé Hotel, at Cumbuco Beach, will host both the XII International Forum and the X Brazilian Forum for Person Centered Approach. These two events are under the responsibility of the Institute of Humanistic and Phenomenological Psychology of the State of Ceará)

The Forum is an intensive theory/practice event in which participants will have the opportunity to interact on a daily basis in close proximity for six days. What is being proposed is the promotion of an exchange of practices and theories with a focus on the professional and personal development of participants. It will be a space of professional qualification and human development which will enlarge and strengthen humanistic psychology as a scientific field in the production of knowledge and collective practices of health and well-being while expressing its vocation for nurturing and bringing positive change to people, communities, countries and the whole planet. First and foremost, these forums will be spaces for connection and exchange.

The decision to hold the XII International Forum and the X Brazilian Forum in Ceará is due to the State's long and meaningful history of humanistic psychology, initiated between the late 70's and early 80's with the realization of workshops and groups with John Keith Wood and Maureen O'Hara, friends and colleagues of Carl Rogers', in La Jolla, USA. Ever since, humanistic psychology has been consistently building its own good tradition in Ceará by means of diverse research groups, support to qualification in the field, and expressive participation in events in the field.

Everyone is invited to take part in this history-in-the-making by contributing to the Forum. This event might lead to the publication of papers in complete article format in a special issue of Gestalt Approach Journal - Phenomenological Studies. Registrations might be done by means of website [www.pca2013.com.br](http://www.pca2013.com.br), where you will also find further information about submitting papers and further details concerning the event.



## Changes to counseling in England

Kate Hayes (adapted from an article in *PCQ Extra*)

As a person-centred therapist working in England I am aware of the changes that have been happening to counseling particularly since the turn of this century.

The counseling approach and the way it has been trained opened up a world to people like me from a non-medical, non-academic background to one that previously had been uniquely open to Doctors, Nurses, Psychiatrists and Psychologists.

One of the main objections from those fields towards counseling is the lack of training and the lack of a medicalised approach. There was little value invested in to the 'person' having the means to offer a therapeutic relationship who had no medical background, and demanded an 'expert' who had a medicalised and diagnostic approach at the core of their learning.

Many people, like me, were drawn to train as therapists in response to a lack of humanity, witnessed or personal, towards those going through emotional distress.

Many are haunted by those experiences or have stories that illustrate the barbaric approaches people had and still have to each other, either through some twisted sense of value or a moral code or law that gave power to declare insanity by one over the other and any subsequent 'treatment' considered to be necessary.

I have every belief that each person reading this will have at least one such story.

With the development of Increasing Access to Psychological Therapy (IAPT), in England, accredited therapists are beginning to be employed by a system that previously withheld those posts.

In order to achieve this, the person-centred approach (PCA) and aspects of Emotion Focused Therapy (EFT) became integrated with National Health Services and Skills for Health criteria and Counseling for Depression (CfD)\* was developed. It's becoming increasingly clear that Randomised Control Trials (RCT) will be expected in order to align with other 'treatments'.

These developments mean those person-centred therapists who wish to work for the NHS have a route through. Person-centred nurses, psychologists, psychiatrists, doctors, have always had a route though. Counselors have not. I hope this development is positive. It offers choice. I can choose to not work for the NHS, to not train in Skills for health and to not see people through their General Practitioner IAPT service. Before, I had no choice.

## Changes to counseling in England (cont)

Kate Hayes

I hope the person-centred approach will strengthen by this development in England and other countries who are struggling to offer free on demand therapy will gain some encouragement from its development. Those who choose to not be employed by the NHS can continue to be self-employed and contract to the NHS.

I consider that by employing counselors who do not have a medicalised approach to mental health, the NHS will recognise the value of the encounter between one person and another, embrace the fact that the client holds their own power to heal within, and ultimately, value its inherent humanity.

\* <http://www.iapt.nhs.uk/silo/files/curriculum-for-counselling-for-depression.pdf>

## Forthcoming Events 2013 - 2014

### **XII International Forum for the Person-Centered Approach**

Date: May, 26 – Jun, 1, 2013

Where: Praia das Fontes, Brazil

Information: [forumpca2013@gmail.com](mailto:forumpca2013@gmail.com)

### **The PCA in Action Austria Programme 2013: 31<sup>st</sup> international person-centered workshop**

Date: May, 28 – Jun, 5, 2013-03-24

Where: Großrußbach Castle, near Vienna, Austria

Information: <http://austriaprogram.pfs-online.at>; [office@pfs-online.at](mailto:office@pfs-online.at)

**Discount for WAPCEPC Members**

### **Cross-Cultural Communication Workshop, Hungary**

Date: Jul, 15-21, 2013

Where: Pécs, Hungary

Information: <https://www.facebook.com/events/219171058128112/>

### **6<sup>th</sup> BAPCA Conference. Growth & the Person-Centred Approach: A system for individual and social change**

Date: Aug, 15-18, 2013

Where: Cirencester, UK

Information: [info@bapca.org.uk](mailto:info@bapca.org.uk)

### **11<sup>th</sup> PCE Conference: Beyond the frontiers, experiencing diversity**

Date: July 2014

Where: Buenos Aires, Argentina

Information: [www.pce2014.com.ar](http://www.pce2014.com.ar)

### **7<sup>th</sup> World Congress for Psychotherapy: Psychotherapy Meets Africa**

Date: Aug, 25-29, 2014

Where: Durban, South Africa

Information: [www.worldpsyche.org](http://www.worldpsyche.org)



## An experience with a pottery group in a prison unit, in Buenos Aires, Argentina

We want to share with you our experience with the “Bread and Fish” Potter Group, of the Prison Unit 47, of the Buenos Aires Penitentiary Service, in Argentina.

Five years ago, we came to the prison with a potter's wheel, and many wishes to make contact with a completely unknown population and territory for us. We were encouraged by a drive, sustained by the desire for social transformation and, weaving human bridges that allowed us to create a different way of relating to "insecurity".

A few things were clear for us: the certainty that any transformation includes us completely, that contact transforms people, and that social change is not possible, if we believe that change is something that should happen to others. We were willing to be transformed by what happened.

We did not know about the complexity of the prison “tissue”. We were learning it on the fly, as the project began to develop, and uncertainties were transformed into certainties through contact and action. The clay was the vehicle of contact, expression and transformation at different levels of this total experience.

We presented a two months’ plan for learning the pottery craft, to work with 15 interns, with a learning approach centered in the encounter, where we could recognize ourselves as human beings, pairs and diverse. We were offering our hands to create new contact forms, building together confidence in order to express, in a creative way, everything that was happening to us.

When we met our first students, we wondered: can we build together, in a space so devoid of confidence and security, the trust and safety needed to create ways of expression and powerful action group?

Slowly we started with the first contact, kneading the clay together, recognizing the diversity of rhythms. the different impressions. and then...we turned on the lathe. and for the first time we

## An experience with a pottery group in a prison unit (cont)

After that first experience, we renewed the contract, and for 5 years now, the Potter Group has been working within the prison walls, expanding its borders into society.

From the reflexions shared with the potter interns about the social crisis, the urgent need to go beyond violence as a form of response arose, looking for a common course with social meaning.

Thus, solidarity actions were born, as common potency of mutual expression. The Potter Group makes mugs to deliver to kindergartens, dining centers, community centers, low resources neighborhoods or people in an emergency situation.

Within this program, we invite people from "the street" so that together, "insiders" and "outsiders", we work hand in hand, painting each cup by hand. So, we all experience a different way of relating to one another, which can open up new creative and inclusive possibilities of social conflict resolutions. We meet in the prison yard, where the prison interns arrange the tables, with brushes, colour paint, and in an atmosphere of trust, the guests are ready to be guided by the interns in a "journey" towards colour. And there, in that contact, transformation passes through us all.

We cannot find the words to name the experiences we have, and the transformation that we have gone through during these years.

We wished we were able to let you know the intensity of each encounter, of each human gesture seeking contact, acceptance and giving.





Viviana Rey (Person-Centred psychotherapist)

[reyvivi@casabierta.com](mailto:reyvivi@casabierta.com)

Cecilia Rosón (Pottery teacher)

[ceciliaroson@hotmail.com](mailto:ceciliaroson@hotmail.com)

## Special Issue of Person-Centered and Experiential Psychotherapies (PCEP) Call for articles on Pre-Therapy

By Lisbeth Sommerbeck

We are inviting manuscript submissions for a special issue of Person-Centered and Experiential Psychotherapies (PCEP) on Pre-Therapy.

The goal of this special issue is to promote knowledge and discussion of Pre-Therapy, its areas of application, and the research into Pre-Therapy. We also hope the issue will become a historical issue in honor of the late Garry Prouty, who developed Pre-Therapy.

We are inviting articles that go beyond what has already been written on this topic, that is, we are expecting new material rather than more or less slight variations on what has already been written about Pre-Therapy.

We welcome critical perspectives on Pre-Therapy as well as those that advocate its relevance and value.

Pete Sanders, Lisbeth Sommerbeck and Dion Van Werde (members, resp. coordinator of the Pre-Therapy International Network) will be the guest editors for this special issue.

Lisbeth Sommerbeck will be contact editor. She can be contacted at [lisbethsommerbeck@privat.dk](mailto:lisbethsommerbeck@privat.dk)

All submitted papers will go through the usual peer-review process for PCEP articles, so revisions may be requested, and acceptance of your paper cannot be guaranteed.

Articles should be sent by October 1, 2012, with no more than 6000 words.

All submissions should be made online at PCEP's ScholarOne site

[<http://mc.manuscriptcentral.com/rpcp>].

Please circulate this invitation to anyone you think might be interested. Many thanks.



## Announcement: PCEP issue on PCE group psychotherapy

### Call for papers

**PCEP special issue on:** *Person-centered/experiential group psychotherapy: Theory, research, practice and training*

We are inviting manuscript submissions for a special issue of *Person-centered & Experiential Psychotherapies* (PCEP) on group psychotherapy

During the last fifteen years not much has been published about PCE group psychotherapy and counseling. Yet many person-centered/experiential colleagues are working with groups. (see survey chapters below). Therefore we want to motivate those of us who are working in that field to write down their theoretical thinking, research findings and rich experience about person-centered/experiential group therapy. We have a special (be it not exclusive) interest in receiving manuscripts about PCE group therapy in different settings (inpatient, outpatient ...) and/or with different types of client problems, because it is especially in this domain that our literature is rather scarce. We also hope that practitioners as well as academics will be represented amongst the authors of the papers in the Special Issue.

All papers go through the usual peer-review process for PCEP articles, so revisions may be requested, and acceptance of your paper cannot be guaranteed. Papers should be no more than 7000 words (references included).

Germain Lietaer and Paul Dierick will be the guest editors for this special issue (with Michael Behr as contact editor of PCEP). In case you would like to first discuss your *potential* contribution before starting with writing your manuscript, send an e-mail letter with your questions to Germain Lietaer. When your manuscript is ready, send it to both of us: [Germain.lietaer@ppw.kuleuven.be](mailto:Germain.lietaer@ppw.kuleuven.be) and [paul.dierick@ppw.kuleuven.be](mailto:paul.dierick@ppw.kuleuven.be). A first version of your manuscript should be submitted by 31st November 2013 (a first *provisional* version may also be written in German, French, or Dutch). Once your article is accepted, your manuscript will be submitted into the scholar one system of PCEP for the further review process.

Please circulate this invitation to anyone you think may be interested.

#### **Survey chapters** (with an abundance of references)

Lietaer, G., & Dierick, P. (1996). Client-centered group psychotherapy in dialogue with other orientations: Commonality and specificity. In R. Hutterer, G. Pawlowsky, P. F. Schmid, & R. Stipsits (Eds.), *Client-centered and experiential psychotherapy. A paradigm in motion* (pp. 563-583). Frankfurt am/Main: Peter Lang. [For a slightly revised version, see: Lietaer, G., & Keil, W.W. (2002). Klientenzentrierte Gruppenpsychotherapie. In W.W. Keil & G. Stumm (Eds.), *Die vielen Gesichter der personzentrierten Psychotherapie* (pp. 295-318). Wien/New York: Springer]

Page, R. C., Weiss, J. F., & Lietaer, G. (2002). Humanistic group psychotherapy. In D. J. Cain & J. Seeman (Eds.), *Humanistic psychotherapies. Handbook of research and practice* (pp. 339-368). Washington, D.C.: APA.

Schmid, P.F., & O'Hara, M. (2007). Group therapy and encounter groups. In M. Cooper, M. O'Hara, P.F. Schmid, & G. Wyatt (Eds.), *The handbook of person-centred psychotherapy and counseling* (pp. 93-106). Houndmills, Basingstoke: Palgrave Macmillan.



## 'Investigating Practitioners' understandings of the term 'Person- Centred'

My name is William Nash and I am a registered Person -Centred Psychotherapist and doctoral research student at the University Of Huddersfield within the UK.

I am looking for practising person-centred psychotherapists and counselors to complete an on-line questionnaire with regard to how they understand and practice person-centred psychotherapy and/or counseling.

The questionnaire has 20 items and respondents can complete it on-line in their own time. All responses will be treated as confidential and anonymity will be respected. No personal information is asked for.

Within the person-centred approach, this research project is attempting to look at practitioners views from across the globe and to hopefully paint a picture of person centred therapy as practised in the 21<sup>st</sup> Century. This is a unique opportunity for person-centred practitioners to present their understandings of what it means to describe their practice as 'person-centred'.

I invite you to fill in the questionnaire by accessing the link below.

<http://www.survey.bris.ac.uk/hud/person-centred>

If you have any queries regarding this research, or require further information, you can contact me via email at [William.Nash@hud.ac.uk](mailto:William.Nash@hud.ac.uk) or mobile 07557394064

Yours sincerely

William (Seamus) Nash,  
UKCP Registered Psychotherapist,  
Member of WAPCEPC & BAPCA,  
Professional Doctorate Student,  
University of Huddersfield.

## Announcement: Members of the Scientific Committee

The members of the Scientific Committee are: Bernie Neville, Eoin O'Shea, Gabriella Philippou, Gerard Mercier, Iguaraya Morales and Sue Bratton.

We want to thank them all for coming forward to form the committee.